Clinical Mental Health Counseling Program Mission

The mission of the Master of Arts in Counseling - Clinical Mental Health Counseling is to train skilled and socially responsible counselors who are culturally competent and socially aware to meet the needs of diverse communities. It prepares students with knowledge in theories and methods of clinical mental health counseling. Graduates of the program may work in a wide variety of mental health positions such as in human service agencies and organizations in both the public and private sectors.

Program Outcomes

Program outcomes 1-8 of our Master of Arts in Counseling – Clinical Mental Health Counseling are based on the Common Core Areas established by the 2009 CACREP standards. In addition, Program Outcome 9 is based on the CACREP Clinical Mental Health Counseling Specialty. Program Outcomes 10 and 11 are institutional outcomes related to Adlerian Foundations and Principles and Social Justice/Social responsibility.

Program Outcome One: Professional Orientation and Ethical Practice

Describe and apply all aspects of professional practice, including history, roles, professional organizations, ethic and legal standards, counselor credentials and advocacy processes.

Program Outcome Two: Social and Cultural Diversity

Develop self-awareness and multicultural counseling competencies. Apply theory and research on cultural factors impacting counseling relationships in a multicultural and diverse society, and the role of social justice and advocacy to the practice of counseling.

Program Outcome Three: Human Growth and Development

Apply models of individual, couples, and family development in the practice of counseling with emphasis on cultural diversity across the lifespan.

Program Outcome Four: Career Development

Demonstrate knowledge and apply career development and decision-making models and strategies with multicultural and diverse populations.

Program Outcome Five: Helping Relationships

Demonstrate knowledge of theories and skills to provide ethical counseling, consultation, crisis intervention services.
Program Outcome Six: Group Work

Participate in, facilitate, and lead experiential group and apply group work principles and theories, methods and skills to the practice of counseling.

Program Outcome Seven: Assessment

Demonstrate knowledge of principles of testing and measurement, including statistical concepts and apply them to individual and group assessment and evaluation.

Program Outcome Eight: Research and Program Evaluation

Describe and recognize the importance of research and statistical based methods, statistical, needs assessment, program evaluation to inform evidence-based practice of counseling.

Program Outcome Nine: Clinical Mental Health Counseling

Demonstrate knowledge, skills, and practices to address a variety of issues within the clinical mental health counseling context including prevention, diagnosis, assessment, intervention, research, diversity and advocacy roles.

Program Outcome Ten: Adlerian Foundations and Principles

Apply principles of Adlerian Theory such as purposiveness of behavior, the indivisible self, goal directed behavior, and the role of social interest in counseling and treatment planning with the goals to improve well-being of individuals, couples, groups, families, and a diverse society.

Program Outcome Eleven: Social Justice/ Social responsibility

Reflect on personal values and assumptions (privileges, disadvantages, etc.) about the nature and causes of social problems (social injustices such as poverty, racism, abuse) and gain experience and skills to advocate for systemic change through engagement and leadership in multidisciplinary, diverse community-based organizations.