



Adler School Health Insurance Policy 2010-2011

The Adler School provides all full-time students with an attractive insurance policy through United Healthcare. Students are automatically enrolled in the policy at a rate of \$750 per year. Please see the following for more information regarding the benefits of the plan:

United Healthcare – 2010-2011 Collegiate Care Plan (PPO)

2010/11 Rates:

Student	\$750 per year
Student with spouse	\$2,349 per year
Student with each child	\$1,496 per year per child

Benefit Plan:

Maximum Benefit	\$75,000 (Per Policy Year)
Deductible	\$150.00 (Per Policy Year)
Co-Pay	80% of Preferred Allowance
Prescription Drugs	Students are responsible for the co-pay at the time of purchase at the pharmacy. Co-pay will be \$10, \$25, or \$40 depending on the drug.
Psychotherapy	Maximum 25 days per policy year Paid as any other sickness with \$150 deductible per policy year and 80% co-pay
International Students	Repatriation and Medical Evacuation benefit provided
Nurse line	Clinical nurse triage service available 24/7
Providers	Students can find providers in their area by using zip code look-up or can look for a provider by name
UnitedHealth Allies	Discount program which saves members 10-50 percent on many health and wellness products and services, including dental and vision care.

Students who already have health insurance coverage may apply for a waiver of the Adler School coverage. If you are a full-time student and would like to waive the Adler School insurance, please visit <https://studentcenter.uhcsr.com/adler>.

For more detailed information regarding the plan please visit <https://www.uhcsr.com/Default.aspx>. You will be directed to the United Healthcare Student Resource web page. When you arrive at the page, please click on “**Find My School’s Plan**” and enter in **Adler School of Professional Psychology** when prompted. This will bring you to the Adler School page where the 2010-2011 Policy Brochure is available for review. If you have further questions, please contact Student Services at studentservices@adler.edu.



Introducing... The Institute on Public Safety and Social Justice

Adler's Institute on Public Safety and Social Justice strives to promote social justice by increasing awareness of socially just policies and practices. The Institute is actively working towards pushing conversations forward and promoting effective public policy, public education, and community participation in public safety endeavors. IPSSJ has hosted previous events that have highlighted issues within the community; such as mental illness in the criminal justice system, poverty, and policing behavior. *The Faces of Poverty Photography Exhibit* was a well-publicized event that consisted of photographs depicting the lives of Chicago's homeless population through the eyes of Police Officers that work in impoverished neighborhoods daily. The latest symposium consisted of a variety of exceptional speakers who presented on issues surrounding what happens to people with mental illness when they encounter the criminal justice system.

IPSSJ often works closely with Adler's Institute on Social Exclusion on events such as the "Violence as a Determinant of Mental Health Conference." The Institute hosted the pre-conference which was aimed at exploring the ways in which violence impacts mental health and how it can be mitigated. Currently, IPSSJ is working in conjunction with the ISE on the Englewood Youth Gun Violence Prevention Project, which uses therapeutic arts to help teens in the community understand the effects of gun violence. This program serves around 30 boys who meet for 12 weeks and spend time discussing complex topics, listening to speakers, and creating artwork on their own as well as with a group.

In the upcoming school year, IPSSJ would like to continue focusing on the topic of violence. A few of the proposed topics for this year include exploring recent changes in the gun policy in Illinois and working to explore the ways in which the media and popular culture shape how youth perceive and think about violence. IPSSJ is continuing to address safety issues in creative ways in order to build healthier, safer communities and to inspire all to take action and become involved.

To learn more about IPSSJ please contact Dr. Laura Kunard at lkunard@adler.edu or ipssj@adler.edu.

The Institute on Social Exclusion, in partnership with the Art Therapy Department, the Institute for Public Safety and Social Justice and Teamwork Englewood, is implementing a Gun Violence Prevention Program in the Englewood community for boys between the ages 14 and 17. One of the key aspects of the program involves facilitating mentoring relationships between the boys in the program and adults who can provide them with guidance and advice as they pursue personal and professional goals. One of the program participants has expressed interest in the field of psychology and has requested a mentor who could support, guide, and advise him. If you are interested in mentoring a high school student who is interested in a career in psychology, please contact me ltodman@adler.edu. Please write "Englewood Mentor" in the subject line.

Chicago Campus Student Spotlight: NASAP Conference

At 6:00 am on Thursday June 16h Jamie Stone O'Brien, Josh Beaman-Kogan, Sarah Hudson, Erika Staneff, Donald Bernovich, Francisca Nzeke and Marni Rosen climbed into their cars and began the six hour drive to Minneapolis Minnesota to present at the National NASAP Conference. Only a few months earlier Jamie Stone O'Brien approached her fellow Adlerian Society members to organize a panel of presenters to explore the current and future presence of Adlerian Psychology within the larger psychological community. When asked about her motivation for the presentation Jamie replied, "I came to this school to be an Adlerian, and once I arrived I realized that Adlerian Psychology wasn't thriving in its own environment. The Adlerian community is my future professional community and we as students will inherit it, so we need to think about the future of our own field."



After months of preparation the students presented at the conference as a panel with Adler School faculty member Dr. Leigh Johnson-Migalski. Students from the Adler Graduate School in Minnesota, as well as a number of professional psychologists and therapists arrived to listen to the presentation. When asked about the challenges in presenting at a national conference Erika Staneff stated, "We had a lot of information to share, so it was difficult to cover all of the topics once a dialogue started with the audience." Jamie identified another challenge, which was the lack of students at the conference. Despite these challenges the students found NASAP members to be incredibly welcoming and encouraging.

Attending the NASAP conference provided the student attendees an excellent opportunity to network with Adlerian psychologists. "The experience was very encouraging because I found a close-knit community of Adlerian therapists," said Erika. She went on to explain how numerous professionals approached her and offered to assist her with her dissertation, or help her network with other Adlerian psychologists. NASAP also has plans to establish a mentorship program, which will pair Adlerian students with Adlerian mentors who can help provide support and guidance as students develop a professional voice.

As for the Adlerian community at the Adler School, plans have already been made to attend, and present at the next conference in Victoria British Columbia. All Adler School students who are interested in Adlerian theory are encouraged to become involved in the Adlerian Society. The Adlerian Society has created a community of students to work as teammates to help each other succeed as Adlerian Psychologists. Within the upcoming year the Adlerian society will host discussion circles, Adlerian movie nights, case conceptualizations with Dr. Mosak, a mentorship program, as well as a presentation at the national NASAP conference. We encourage you to take advantage of the wonderful opportunities here through the Adlerian Society and we also encourage you to see the student's presentation for yourself as they will be providing an encore performance of their presentation at the national conference.

By Sarah Hudson, Adlerian Society President

Vancouver Campus Faculty Spotlight: Dr. Lyz Sayer

Dr. Lyz Sayer has loved the study of Psychology since her very first Introductory Psychology class at the University of Guelph. She believes that her interest in career choice probably started with her own lack of direction in late high school but grew as she learned to appreciate what a complex and changing issue it is based on the uniqueness of individual lives and ongoing changes in economy, technology and globalization. Lyz states that helping individuals decide what work attracts them and helping organizations select and develop employees are simply two sides of the same coin. She says that when it works well, everyone wins. When it doesn't, she gets to tackle interesting and challenging projects.



Lyz is proud to have developed expertise in competency, selection and 360 degree assessments which have led to consulting assignments and conference presentations as far away as Sydney, Australia and Johannesburg, South Africa. When asked about her biggest achievement, Lyz stated that when a large manufacturing and engineering consulting firm was faced with very low ratings from national and international customers, she was able to determine the root causes for their problems through a corporate culture analysis. She added that this led to strategies and actions to reverse the trend and increase sales and customer satisfaction.

Although she has accomplished many things, she has encountered obstacles along the way. Lyz's biggest obstacle was when she had to go back to the drawing board to edit her doctoral thesis because of the demands of just one person on the committee. This postponed her graduation for a year but required no more data collection or statistical analyses. From this she learned patience, perseverance, and the value of support from friends and family.

When asked about her future career goals, Lyz said she hopes to retire from full time work from the Adler School when it is time, but continue to consult, counsel, and coach people in organizations both here and abroad.

What Lyz enjoys most about the Adler School is the collegiality of the faculty and the "social interest" perspective of everything we teach and do. Further, she believes the new MAOP program is the best combination of study and practice in the knowledge and skills required to be an excellent consultant in organizational psychology.

Dr. Lyz Sayer's Professional Affiliations include the Canadian Psychological Association, Sections on IO Psychology and Cross-cultural Psychology and the APA Sections on Industrial Organizational Psychology and Consulting Psychology.

By Kirsten Pool, Admissions Assistant, Vancouver Campus

ADLER SCHOOL OF PROFESSIONAL PSYCHOLOGY
ADLER SCHOOL CANDOR
VOLUME 7, ISSUE 11
A MONTHLY PUBLICATION FOR THE ADLER COMMUNITY.
SUBMISSIONS CAN BE SENT TO: CANDOR@ADLER.EDU

