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The Candor

Adler School of Professional Psychology Community Newsletter



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The Candor is published monthly through the Office of Student Affairs for the students, faculty and staff of the Adler School. Email your feedback and suggestions to candor@adler.edu!

NEWS: Adler School Named to 2010 President's Higher Education Community Service Honor Roll

The Adler School of Professional Psychology has earned a coveted spot on the 2010 President's Higher Education Community Service Honor Roll. As selected by the Corporation for National and Community Service, the Honor Roll is the highest acknowledgment an institute of higher learning can receive from the federal government in recognition of its dedication to service learning, volunteerism, and community engagement. It recognizes higher education institutions that reflect the values of exemplary community service and achieve meaningful outcomes in their communities.

This is the second year in a row that the Adler School has received this award. A special thank you to **Nancy J. Bothne**, Director of Community Engagement and the **Community Engagement** team for work with the award application process last fall! Read more about the award in "News + Events" at adler.edu.

upcoming events chicago campus

"Networking: The Way of Connection Today and for a Lifetime"

Presented by The Career Transition Center of Chicago
Thursday, July 21
4-5:30 p.m.
Place: Community Hall

"Relationships Across the Second Half of Life"

Spring 2011 Silver Screen Film Series
Every other Thursday
Through July 7
5:30-8 p.m.
Place: Community Hall

NEWS: APA reaccredits Adler Community Health Services' Predoctoral Internship Through 2018

The American Psychological Association (APA) has reaccredited the **Adler Community Health Services'** (ACHS) Adler Community Mental Health Predoctoral Internship Program in Clinical Psychology for the next seven years, the maximum period allowed by the organization.

"This accomplishment reflects not just the quality of the Adler Community Health Services internship program in community mental health, but the overall quality of the clinical psychology program here at the Adler School," said **Dan Barnes, Ph.D.**, Director of ACHS.

ACHS and its internship program provide underserved populations with psychological services while preparing

Adler School students for becoming clinical psychologists. Through ACHS' partnerships with agency sites through the metropolitan Chicago region, interns gain hands-on experience in this important step to becoming a licensed psychologist by providing clinical psychological services to children, adolescents, adults, and families of underserved communities in the areas of depression, anxiety, school adjustments, family conflict, grief and loss, partner distress, and substance abuse.

Read more in "News + Events" at adler.edu. Please join all of us at the Adler School in congratulating and thanking the ACHS' staff of supervisors responsible for providing the interns with the highest quality of training.

Chicago Student Organizations: JSA Volunteers at JUF!



Last month, the **Jewish Student Association (JSA)** came together to volunteer at the JUF Uptown Café, Chicago's first kosher anti-hunger program for the disadvantaged. Volunteers helped the staff serve food and got a chance to enjoy a meal with patrons. Volunteers and clients were able to sit together, engage in conversation, and get to know one another. This was unlike any other experience JSA has participated in, and we all look forward to volunteering again in the future!

In addition to providing hot meals in a restaurant-style setting, the JUF Uptown Café program brings dignity and hope to people in need. The JUF Uptown Café feeds Jews and non-Jews alike and is open three days a week for dinner and on Sundays for brunch.

In the Media

- **Dr. David Castro-Blanco** spoke live with news anchor Marion Brooks for NBC 5 Chicago's "The Talk" on May 26, discussing psychological perspectives on a Toronto family that has chosen to keep their baby's gender a secret in what they call "a tribute to freedom and choices in place of limitation."
- **Dr. Lynn Todman**, Executive Director of the Institute on Social Exclusion (ISE), and **Dr. Eunha Kim**, Core Faculty in the M.A. in Counseling Program, wrote a guest post titled "Mental Health Impact Assessment: Advancing HIA practice in the US" published May 24 on the *HIA Connect Blog*, a global blog on health impact assessment practice.
- **Dr. Joseph Troiani**, Coordinator of the Military Clinical Psychology Psy.D. Track, and fourth-year student U.S. Army Capt. **Mike Brennan** were interviewed for a May 17 *Chicago Sun-Times* story "New psych program to aid soldiers, vets," about the need for military clinical psychology and our new track in this area.
- **Dr. Eunice Kim**, Director of Training for the Psy.D. program, was interviewed for an April 28 Medill News Service story on "The Buddha factor: Positive thinking not so powerful," examining a recent University of Washington study on Asian Americans and therapies to address stress and depression through positive emotion.

Watch the video and read the stories—including Dr. Eunice Kim's additional insights on the U of Washington study—on the [Adler School Blog](#). Sign up to get emailed updates and links to new stories of Adler School faculty and students in the news as they happen!

DEPARTMENTS: **New Staff Help Keep Up with Growing IT Needs on Campus**

The Adler School is pleased to announce two new additions to the Adler School technology team.

Shanquner (Shawn) Hayes joined the Adler School as Helpdesk Specialist on May 9. She comes to us with significant in-depth experience encompassing hardware, software, and networking support, as well as academic implementation of SmartBoard interactive whiteboard technologies.

Shawn holds a number of technology professional certification qualifications in A+, Network, MCP (Microsoft Certified Professional), and others. Most recently, Shawn was a computer technician at Illinois' Crete-Monee School District where she provided help desk support for more than 1,500 students and 200 faculty and staff members across several campus locations.

Mark Dupee joined the Adler School in our newly established role of Information Technology Manager. In this role, Mark will manage the school's technology infrastructure and Helpdesk operations as the Adler

School works to develop and diversify mission-centric technology and information resources that keep pace with today's technology environment. His addition underscores the **IT Department's** continuing commitment toward building infrastructure potential, as well as enhancing customer service initiatives to all constituents.

Mark joins us with a great deal of technology and management expertise. His technology background includes management over all aspects of workstation, networking, security, and telecommunications systems, including formal certification in networking technologies as well as in project management. In addition, Mark has direct experience with technology management in the academic environment, having served as network manager for Palatine Township High School District 211.

We look forward to enhancing our customer service with the addition of the new talents, skills, and experiences Shawn and Mark bring to our Technology team. Please us in extending Shawn and Mark a warm welcome into our Adler community!

STUDENT PROFILE: **Padma Jairam, M.A. in Counselling Psychology**



Why I Do What I Do: Because I believe in the good of humanity regardless of how much we see to the contrary. Because I want to live purposefully. Because it is never too late to find your passion and pursue it wholeheartedly.

Career Goals: Teaching is where my heart truly belongs. So, I hope to teach psychology, as well as have a meaningful practice. I would like to continue working with young people as well as hopefully work in the justice system.

Accomplishments: Admitted to the Singapore Bar as advocate and solicitor after five years of legal training when I had no interest in practising law. Being awarded a full scholarship to pursue my second degree in psychology. Being able to speak seven languages.

Biggest Achievement: Getting to the top of Fox Glacier in New Zealand, though I am terrified of heights.

Biggest Disappointment: Not being able to spend enough time with my mother before she passed away after a hard battle with breast cancer.

Influential People: My parents, my husband, my grade school principal, my teachers.

Biggest Challenge: Being in Vancouver on my own to finish this program, when everything I love is back home in Singapore.

Best Advice Received: "This too shall pass."

Advice I Would Give: "No courage without weakness."

Toughest Obstacle I Overcame: In 2007, I was in the second year of my psychology program while teaching full-time at a high school. In August of that year, I was promoted to Head of Department. A month later, my mother developed serious complications when she had a breast cancer relapse and passed away soon after.

I felt myself torn between my duty to my colleagues and students as well as managing my emotional turmoil at accepting my mother's death and the guilt and regret I felt each time I felt I could have done more for her. In addition, being the only child, I had relatives who expected me to take over my mother's role in taking care of family obligations. Also, I had to administer my mother's estate since she had died without a will. Going through her things and deciding how to deal with them was one of the hardest things I had to do since I was not ready to let her go.

I had to take a year off from my studies to focus on being responsible to my students and colleagues and more importantly, to take time to heal and learn to live with my mother's memory. I knew I was no good to anyone if I wasn't good to myself. I could not have gone through that period without my husband's support.

What I Like Best About the Adler School: Without a doubt, the community service and clinical practicum components. These two aspects make this program much more practical and grounded in what the profession truly is: a service.

Biggest Accomplishment while at the Adler School: I hope there will be some to speak of soon enough. At this point, just finishing the first semester successfully given the emotional and physical isolation I felt adjusting to being in Vancouver on my own, especially since I am a naturally shy person who likes familiarity and certainty in life.

How Do You Promote the Mission of the Adler School in Your Personal and Professional Life?

In a way, I see both the professional and personal aspects being interlinked because that is the beauty of Adlerian psychology. I believe that one has to walk the talk in life to be an effective therapist. I constantly try to look beyond my own pain and struggle and spend time caring for others, even if it is as simple as giving an apple to a homeless person. Listening without prejudice to anyone and trying my best to understand them from their perspectives, not what I think are their perspectives. It is often easier said than done, but being part of the Adlerian community makes the endeavor that much more meaningful!

DATELINE: Vancouver

Vancouver Campus Announces Changes to the Staff

James Tan has resigned from his position as Vancouver Faculty Assistant, after working at the Vancouver Campus for the past three and a half years. He has left for a summer internship at Yale University where he will join a team investigating the moral development of children. He would like to thank the wonderful staff, faculty and students who made his experience with the Adler School educational, memorable, and fun. The Adler School really values James' contribution to the school and our students. He will be missed and we wish him well!

In related news, we are pleased to announce that **Michelle Vezina** will fill the part-time Faculty Support/Administrative Assistant role. Michelle will be on campus on Mondays and Tuesdays. She has worked in administration for the past two years and is currently completing her B.A. at Simon Fraser University. Please join us in welcoming Michelle to the Vancouver Campus!

Special Lectures

Integrated Community Planning for Program Sustainability

Saturday, June 11, 11:00 a.m. – noon
Adler School Vancouver Campus

Join **Carole Brown**, ED, at RayCam Cooperative, and **Judy McGuire**, community researcher and consultant, as they discuss sustainability in community planning.

Find out how Vancouver's collaborative *MoreSports* initiative is developing community capacity and fostering social inclusion through youth leadership and participation in sports and other physical activities.

Sustainability has become something of a buzzword in community planning as in many other areas. The question remains: How do you work with your community to make programs truly sustainable? Vancouver's *MoreSports* has found an answer: build on and integrate with existing community structures and systems.

MoreSports is a collaborative initiative that, in the broadest sense, develops community capacity and fosters social inclusion through youth leadership and participation in sports and other physical activities. The McConnell Foundation has cited the model as representing innovation, inclusivity, and sustainability in action. The principles behind the model can be applied by any organization delivering community programs of any kind.

Community psychology involves both understanding community systems and learning to work with community institutions for collective well-being. Join Carole Brown and Judy McGuire as they introduce the *MoreSports* model and discuss the principles and practices behind this innovative local initiative.

**Adler School information session to follow at 1:00pm.*

The Hidden Truth of Corporate Social Responsibility (CSR) - Understanding the True Costs and Benefits to Organizations

**Tuesday, June 14, 5:30 p.m. – 7:00 p.m.
Adler School Vancouver Campus**

Join Drs. Lyz Sayer and Larry Axelrod, faculty with the Adler School's M.A. in Organizational Psychology Program, in a reflection on factors driving CSR activities in today's business environment and current practical applications of CSR within organizations.

**Colloquium Series Lecture
Corporate Social Responsibility: Redefining the Role of Business in Society
Presented by Coro Strandberg
Tuesday, June 7, 4:00 p.m. – 5:00 p.m.
Adler School Vancouver Campus**

Coro Strandberg will define Corporate Social Responsibility (CSR), and discuss the trends and drivers of this business mega-trend, using examples of her work with leading CSR companies. She will share her thoughts on how CSR can be a tool to create a tipping point for ecological, social and economic sustainability. RSVP by Monday, June 6 to kpool@adler.edu.

Coro Strandberg is the Principal of Strandberg Consulting, which provides strategic, facilitation and advisory services to organizations seeking to advance the marketplace towards sustainability. She is a leading Canadian CSR practitioner and thought leader, with a diverse client base including the Conference Board of Canada, Community Foundations of Canada, the 2010 Olympics, Translink and Industry Canada. Prior to this position, she was the director of social policy for the BC Government and before this the social planner for the City of Surrey. During the 1990s, Coro was a director and then chair of Vancity Credit Union where she helped position the credit union as a Canadian CSR leader.

Events

**Community Service Practicum Poster Presentation
June 23, 2:00 p.m. – 5:00 p.m.
Student Presentations 3:00 p.m. – 4:00 p.m.
7th floor, Adler School Campus**

Please join the CSP students, faculty, staff, and the rest of the Adler School in celebration of the CSP students' more than 7,000 hours of service to Lower Mainland Communities! The student-created posters can be viewed throughout the duration of the event and light refreshments will be served. If you have any questions or comments, contact **Deb Bailey** at [dbailey@adler.edu](mailto:d Bailey@adler.edu).

**The Alfred Adler Institute – APABC Since 1973
Style of Life Assessment – Level II (Life-Style)
A Workshop Facilitated by Deb Bailey, MA, RCC**

Prerequisite: Style of Life Assessment – Level I
Students are assigned a set number of Lifestyle assessments to complete on the first Saturday of the month and will regroup a month later to debrief and discuss experiences. This Adlerian methods course may be taken for continuing education units (CEUs) or as a part of the Certification program for Adlerian Counsellors (2 credits) at *The Alfred Adler Institute* (APABC).

**Two Sundays: June 12 and July 10, 9:00 a.m. – 4:00 p.m.
The Adler Centre, Suite 230 - 1818 W. Broadway
(at Burrard), Vancouver, BC**

Continuing Education Workshop Fees:
APABC Members \$300.00, Non Members \$375.00
Students \$150.00

Deb Bailey, MA, RCC, is an adjunct faculty member of the Adler School of Professional Psychology and the school's Community Service Practicum Coordinator. For many years she served on the Board for the Adlerian Psychology Association of British Columbia (APABC). She is secretary for The North American Society for Adlerian Psychology (NASAP), a former school and district counsellor for the Langley School District, and co-author of the book *Conversation Peace* dealing with restorative justice and mediation. She is also an Adlerian therapist in private practice.

To register, contact *The Adler Centre* at 604-742-1818
www.adlercentre.ca • apabc@adler.bc.ca
The Alfred Adler Institute is registered with the Private Career Training Institute Agency of British Columbia (PCTIA)

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