

ADLER CANDOR

Volume 8, Issue 5

February 2011 - Chicago Edition



A Grand Celebration for the New Chicago Campus



More than 500 alumni, faculty, students, staff, community representatives and leaders from throughout Chicago and the nation joined us to celebrate the grand opening of our campus and along with our ongoing commitment to inspiring social change.

At the Jan. 11 event, Chicago Mayor Richard M. Daley was on hand to help us celebrate and speak. Among his remarks to everyone gathered:

"I thank you for your great commitment. ... To me it represents a commitment to diversity in our city, and a commitment of people helping one another in this day and age regardless of who they are and status of life."

"The Adler School of Professional Psychology has had that mission of social responsibility, and as a city we're truly proud of the Adler's commitment not only to our citizens but to the rest of the world. It really will make a difference in your professional life, and I thank you for accepting that responsibility in moving forward to make a difference in social responsibility."

Throughout the night, guests toured our state-of-the-art campus designed by Chicago-based and internationally renowned OWP/P Cannon Design, and met our faculty, students, and staff. They learned more about the School's current and future initiatives including antiviolence programs in Chicago's Englewood and Back of the Yards communities, and a first-ever mental health assessment tool to gauge public policy decisions' impact on a community's health.

Our thanks go to all who joined us for this special night! As President Crossman said in concluding his remarks at the celebration:

"Tonight is a celebration and a recognition of each of you and our shared commitment to the work of the Adler School to build healthier communities and a more just society.... [W]hether you're an alumna in practice for years, or someone who's just learning about the Adler School, we hope you will be inspired tonight to lead social change."

For more photos and information, please visit the Adler School on our blog or on Facebook.

<http://theadlerschool.wordpress.com/2011/01/19/celebrating-our-new-campus-ongoing-commitment/>

<http://www.facebook.com/AdlerSchool>



Center for Learning and Teaching: Upcoming Events

The Center for Learning and Teaching is pleased to announce the following programs for students. To register or for more information on a session, please stop by the CLT or contact us at CLT@adler.edu.

APA Style: What You Need to Know

This workshop covers the basics of APA style and its application in academic writing.

When: Wednesday, February 9, 2011

CLT, Rm 15-101; 4:00 – 5:30pm

Critical Thinking; What, Why, How?

What is critical thinking, why is it important, and how do we use it in our work? Come to this interactive session for ideas and practice!

When: Thursday, February 10, 2011

CLT, Rm 15-101; 4:00 – 5:00pm

Speed Interviewing

Are you ready to make a good impression? The first 30 seconds are crucial. Come practice in this safe, fun, and illuminating session!

When: Monday, February 14, 2011, and

Thursday, February 17, 2011 (same program)

CLT, Rm 15-101; 4:00 – 5:00pm

Research Methods

Participants will leave with clarity as to which method(s) are best for researching different kinds of research questions.

When: Tuesday, February 22, 2011

CLT, Rm 15-101; 4:00 – 5:00pm

Center for Learning and Teaching Staff

Cathleen Bridgeman, PhD
Academic Writing Coordinator
cbridgeman@adler.edu
312.662.4204
Room 15-100A

Bill Epperly, PhD
CLT Director
bepperly@adler.edu
312.662.4304
Room 15-100B

Contact the Center for Learning and Teaching today by calling 312.662.4200 , email us at CLT@adler.edu, or stop by our offices on the Chicago Campus in Room 15-100.

Did you know?

Did you know that you can be excused from jury duty if you are a full time student? If you have a summon to attend jury duty, please request a full time status letter from the Registrar's Office. Please provide a copy of your summon paperwork to the Registrar's Office. They will verify your status with the Adler School and fax in the information. If you have any questions, please contact the Office of the Registrar at registrar@adler.edu.

Chicago and Fort Wayne

The following tuition and fees have been established for the 2011-2012 academic year starting on September 1, 2011.

Tuition

Tuition - Standard MA Credit Hour	\$980
Tuition - Standard Psy.D Credit Hour	\$1,095
Tuition - Dissertation Credit Hour	\$1,095
Tuition - Internship (per term)	\$1,095
Tuition - Half-time Internship (per term)	\$550
Tuition - MAP/Deferred Credit Hour (includes fees/books)	\$1,180
Tuition - Audit MA Credit Hour	\$490
Tuition - Audit Psy.D Credit Hour	\$550
Tuition - Preparation Course	\$185

Registration-based Fees

Fee - Student Services Fees	\$230
Fee - Dissertation Defense* (one-time)	\$405
Fee - Liability Insurance	\$60
Fee - Liability Insurance for Community Service Practica	\$30
Fee - MA Qualifying Exam	\$980
Fee - PsyD Qualifying Exam	\$1,095
Fee - Doctoral Dissertation Continuation	\$2,190

Degree Completion Fees

Fee - Chicago Commencement	\$ -
Fee - Continuing Ed Certificate Processing	\$30
Fee - Graduation	\$150
Fee - Replacement Diploma	\$40

Admissions Fees & Deposits

Fee - Application for Admission	\$50
Deposit (non-refundable) - MA program	\$300
Deposit (non-refundable) - PsyD program	\$500
Deferrment Fee	\$500

Other Fees

Fee - Course Drop	\$50
Fee - Late Payment	2% of balance
Fee - Late Registration	\$320
Fee - Returned Check	\$50
Fee - Transcript (Official)	\$10
Fee - Transfer/Waiver Credit Evaluation	\$160

*The Dissertation Defense Fee (charged once) incorporates the cost of binding, editing, and publishing a dissertation.

Vancouver Campus Student Spotlight: Adler Student Association (ASA) Executive Board



Dawson Wambolt is a 1st year student in the Fall 2010 cohort, and the new President of the Vancouver Campus Adler Student Association (ASA). He is originally from Halifax, Nova Scotia where he has lived most of his life. He has previous experience with event planning, and hopes to put his skills to good use to assist the entire student body. He would like to encourage the student body to pass along ideas to any member of the ASA or submit ideas through the suggestion box in the Lounge.



Alana hails from Hamilton, Ontario and is delighted to be your new ASA Vice-President. She has a vast history of school and community involvement with charitable fundraisers and events, both as an organizer and participant. She encourages suggestions and feedback from the Adler students on how to enhance their extracurricular experience.



Paula Fuchs, the out- of-the-box thinker from Minnesota, is the new ASA Secretary. She has much experience in event planning, facilitating trips and discussions from her undergrad as the Psychology club President for five terms at Winona State University. She enjoys working with youth and alternative modes of healing.



Sally is a home-grown Vancouverite who is excited to take on the position of ASA Treasurer. She looks forward to meeting her peers in the next couple of years at the events they inspire. Her bio and her life are a work in progress, though nothing makes her happier than coffee, music and a good conversation on a Saturday morning.

The Adler Student Association (ASA) Vancouver Student Organization is dedicated to being the voice of the student body and encouraging social responsibility and professional growth among Adler School students. Through various activities and meetings, the ASA promotes community and provides advocacy for students. If you are interested in joining the ASA either as a member or as an Executive Board Member, please email asavancouver@adler.edu.

Vancouver Campus Alfred Adler Institute

Please note: For those interested, the Application for Certification as a *Certified Adlerian Counsellor (CAC)* is available through the Alfred Adler Institute.

Contact details for the Institute are as follows:

The Alfred Adler Institute
 230 - 1818 W. Broadway
 Vancouver, BC, V6J 1Y9, Canada
 Tel. 604-742-1818

Get to Know the Office of Admissions

The Office of Admissions ongoing, day-to-day responsibilities consist of communicating with prospective students and applicants, recruiting students at graduate school events across the country, coordinating open houses, and meeting new student enrollment goals. We also work very hard to ensure that our each incoming class has a well-rounded, diverse background, strong academic history and that their goals are a good fit with our school's mission.

Our admissions cycle begins in September and ends in August. From September through November, our office attends various recruiting events such as graduate school fairs, professional conferences, classroom, and Psi Chi visits. From November through March, we start receiving the bulk of our applications. When students submit their application, we stay in close contact with the potential Adler students by making sure they know what is required of them throughout the admissions process. From December through May, we interview the bulk of our applicants. We interview every master's and doctorate candidate that makes it through to the interview portion. The goal of the Interview Days is not only for us to interview the potential students but also for them to interview us. We want to make sure the student fits the mission of the school and that our school fits in with their own personal mission.

From May through August, members of our office communicate with the incoming students to give them information about starting school and relocating to the Chicago area. The admission office consists of ten staff members and the office is located in the student services hub on the 15th floor.

The Adler School Welcomes New Staff

Megan Beacham has joined the Adler School as the Receptionist in the 15th floor main lobby. Megan had been filling the role on a temporary assignment and we're very excited she accepted the full-time position. In addition to providing reception support, Megan will provide facilities support in the following areas: office supplies, vendor management, liaison with building maintenance, event support, coordination with Security, maintenance of Adler directories. Megan is a graduate of The Pennsylvania State University with a BA in Crime, Law and Justice and a minor in Sociology.

Jo Wagner has been promoted to the position of Associate Director of Admissions. Jo has worked at the Adler School since September of 2009 and has over five years of admissions experience and two years of previous management experience.

Sarah Fornero has joined the Adler School as the Instructional and Multimedia Consultant. Sarah has experience with online course design, web development and educational technology. She previously worked as a classroom teacher in the northwest suburbs. In her new position, she will work to continue the development of the Adler School courses, provide instructional and multimedia support to faculty, and further the goals of Adler Online. Sarah has a B.S. in Education and a M.A. in Educational Technology from the University of Michigan.

Adler Student Government Alliance: Summary of the 2010 Curriculum Survey

In January 2010, the Adler Student Government (ASG, formerly the Adler Student Association) launched a new division of its governing system, the ASG Alliance. The purpose of the ASG Alliance is to provide faculty with direct student input and feedback. To do this, students on the ASG Alliance participate in the faculty-led curriculum committees (e.g. Adlerian, Assessment, Diversity, Intervention, Research, Social Responsibility, and Supervision/Consultation). Through this participation, the ASG Alliance program seeks to: (1) communicate student needs and desires; (2) improve student engagement by providing a safe and effective venue for the voicing of constructive feedback; (3) enhance relationships between the faculty, staff and students by bridging gaps in communication; (4) provide further professional development opportunities to students by directly engaging with staff and faculty; and (5) provide a way for students to be active stewards of the Adler School's future.

The Adler Student Government chooses one student representative to sit on each of the seven curriculum committees. The ASG followed an application process and selected students who were knowledgeable in a specific curriculum area, professional, and articulate when presenting their ideas to others. Faculty's response to the program's launch was positive.

In June 2010, the Adler Student Government launched a survey developed by the ASG Alliance representatives and their respective curriculum committees. The purpose of this document was to provide opportunities to recognize areas of success and areas of improvement in the academic experience and to create dialogue between faculty, administration, staff, and students. Adler Student Government executive members and ASG Alliance representatives distributed paper copies of the curriculum survey. Following the distribution and collection of surveys, the ASG board passed the data to the new 2010-2011 ASG board.

Upon collection of the data, the newly instated ASG board analyzed and formally summarized the 59 pages of quantitative and qualitative results. In keeping with Adler's commitment to transparency, a single comprehensive document summarizing the findings was produced and made available to administration, faculty, staff and students. The format of the final comprehensive 12-page document was created with applicability in mind – a presentation of concerns, strengths and student recommendations to reconcile stated issues.

Members of the Leadership Team approved the final document and asked that it be distributed to the remaining Leadership Team members, faculty council, and the Director of the Psy.D. Program. The *Summary of the 2010 Curriculum Survey* was then released via Moodle's Academic Programs on the morning of December 12, 2010. The Executive Board of the ASG shared these findings and continued the important dialogue by holding an open meeting on January 26, 2011. Additionally, officers of the ASG executive board attended the Psy.D. faculty meeting held on February 1, 2011. The ASG and ASG Alliance plan to hold an annual student survey with the second distribution scheduled for late this spring. The survey will continue to assess student perspective of the curriculum, clinical qualifying examinations, and overall satisfaction while expanding to include various departments such as the Training Department, the Registrar, and the Center for Learning and Teaching

This is an important step in promoting increased student input with regards to the academic and educational experience. To quote Dr. Jerry Westermeyer from the October 2010 Candor expounding upon the importance of dialogue in an academic setting, "The crux of good dialogue involves those in greater authority allowing those with lesser power to express a different, credible interpretation from themselves, responsibly and with supporting evidence - which is not an easy feat for anyone holding greater power to achieve. But the benefits are palpably powerful."

By Lindsay Ellch and Erin Watson - PsyD Students



Social Exclusion Simulation
The Institute on Social Exclusion
Adler School of Professional Psychology

The ISE's Social Exclusion Re-entry Simulation (SES) is an effective group experiential learning tool for increasing understanding of complex systems. Through group role-play, students, faculty, and community members "walk in the shoes" of formerly incarcerated women encountering many of the structural barriers the women face as they attempt to re-enter society. A subsequent debrief facilitates assessment, reflection, and sharing about their cognitive and emotional experiences in the SES.

The SES call into question assumptions about control and personal responsibility; the strong feelings of helplessness, hopelessness, frustration, and empathy increase learning, improve memory for key information, trigger reflections on past events, and lay the foundation for attitudinal and behavioral changes that generalize and persist after the original emotions fade. Post-SES changes in knowledge and attitudes about the impact of structural barriers and anticipated efforts to facilitate systems reform are then assessed.

The SES illustrates the ways in which many of the systems that organize our society interact with one another to create the structural barriers that formerly incarcerated women encounter in their efforts to re-enter society. These structures include (but are not limited to) education, health, and social welfare systems; employment and housing legislation and policy; as well as transportation and public safety systems. The simulation immerses participants in the experiences of female ex-offenders trying to re-enter society after a felony conviction, including their efforts to secure housing, employment, and health care, while endeavoring to comply with parole regulations.

The Institute on Social Exclusion is pleased to announce the Social Exclusion Simulation dates for the Spring semester. Faculty, staff and students are encouraged to attend. There is limited space available, you can reserve your seat on a first-come-first-serve basis. **To participate, you must RSVP in advance to ISE@adler.edu**, please include the date you wish to attend.

Monday, February 7 – 1:00-4:00pm

Monday, March 7 – 1:00-4:00pm

Wednesday, March 9 – 6:00-9:00pm

We look forward to seeing you!

Adler School Posting Policy - Chicago Campus

In an attempt to keep our campus environment clean, the Adler School enforces rules on posting materials on campus. The Adler School may refuse any posting that is not in accordance with the mission of the School, contains explicit material, or is deemed inappropriate.

All postings must contain the organization name or name of contact and phone number or e-mail address. Postings will not be approved without the above information. Postings, flyers, posters, handbills, or any other form of advertisement, must be approved and stamped at the front desk on the 15th floor. We ask that you bring in the original document for the stamp, and then make copies of the original for posting.

Posting is only allowed on bulletin boards in Alfred's Café and in the vending machine room on the 16th floor. Postings are not allowed on doors or windows of any kind nor on interior or exterior walls. No postings will be permitted on tables or chairs. All postings must be removed within three days of the event date. Any organization or person posting in a prohibited area will have their materials removed.

If you have questions about the policy, please contact the Office of Student and Alumni Affairs at studentservices@adler.edu.

Tis the Season To Be Social

The Adler School of Professional Psychology strives to provide a diverse range of prosocial opportunities for students, faculty, and staff, as well as other professionals in the community. One of these opportunities occurred during the recent holiday season.

On a snowy day in December, Dr. Johnson-Migalski, the Advanced Adlerian Psychotherapy Certificate/Concentration Coordinator at the Adler School, hosted her annual networking brunch. Upon arrival to the event, an atmosphere of friends and colleagues were present. In addition, the aroma of the always-satisfying smorgasbord of food filled the air. The event was relaxed and inviting for all in attendance, but it was also geared towards stimulating interest in Individual Psychology among the Adler School community. This event offered a rare chance for students to interact with prominent professionals in the field and to build lasting relationships through networking. Dr. Sackett-Maniacci, Dr. Colker, Dr. McNeilly, Dr. Nesbitt, Dr. Bilkey, Dr. Yang, Dr. Blagen, and Dr. Fitzgerald, among other professionals in the metropolitan area, were in attendance. Stories were shared; opportunities were created; friendships were made; and the principle of social interest was present in more ways than one. Ms. Karen Washington, a first year MAF student at the Adler School, commented on her experience stating, "It was great to listen to professionals talk about various subject matters, especially stuff going on at Adler. It opened my eyes to potential programs and things to participate in, other than just classes. The networking event helped me see what is potentially available to me, as well as possible next steps after my graduate degree."

Dr. Johnson-Migalski, as well as members of the Adlerian Society, strive to provide opportunities not only for students who want to learn more about Adlerian psychology, but also for interested professionals and laypeople. These events give students the ability to gain an experience with trained professionals in a more personal setting. Upcoming events include discussion circles, Thursday case conceptualizations by Dr. Mosak and Dr. Goldman, and guest speakers who will discuss a variety of mental health issues from an Adlerian perspective.

For more information on these or other upcoming events, please contact the Adlerian Society student President Sarah Hudson (shudson@my.adler.edu) or Dr. Johnson-Migalski (lmigalski@adler.edu).

By: Korey Watkins, PsyD student

Adler School Receives W.K. Kellogg Foundation Grant

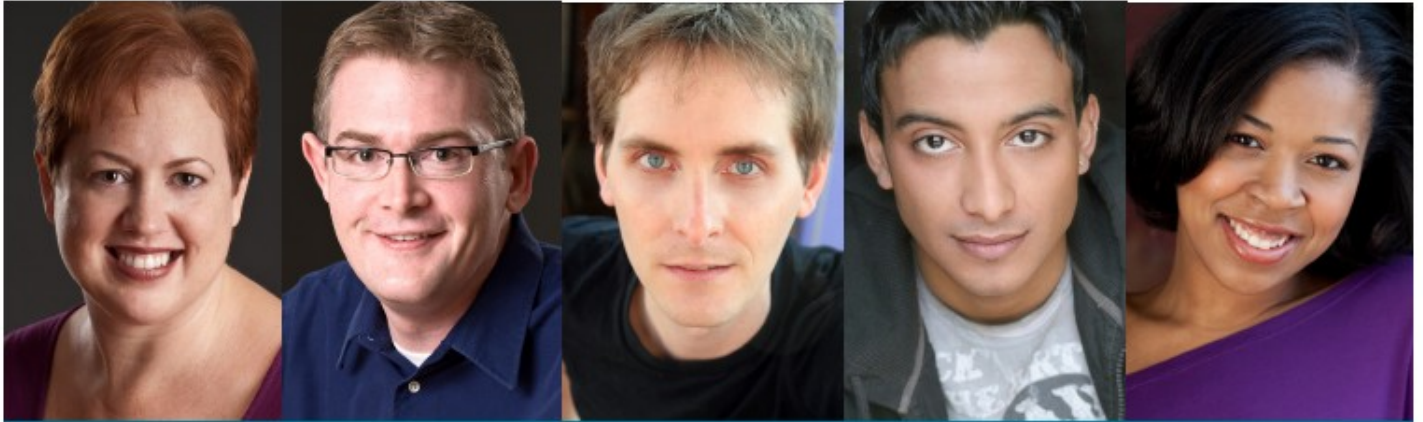
The W.K. Kellogg Foundation has awarded \$150,000 to the Adler School. The W.K. Kellogg Foundation supports children, families, and communities as they strengthen and create conditions that propel vulnerable children to achieve success as individuals and as contributors to the larger community and society. The Foundation is the seventh largest philanthropic foundation in the U.S.A. (<http://www.wkkf.org/>).

Following our recent award from the Robert Wood Johnson Foundation, we can all be proud that the work of the Adler School's Institute on Social Exclusion (ISE), as supported by the Office of Development, has received recognition from two major national foundations.

The award will support the ISE in its development of a Mental Health Impact Assessment (MHIA) tool. The purpose of the MHIA is to prospectively assess the impacts of government decisions on the collective mental health and well-being of vulnerable communities. A preventative practice, MHIA enables mental health professionals to engage in socially responsible practice by working to ensure that legislative and public policy decision-making promote the mental health of vulnerable communities.

The achievement of these awards is a multi-team collaboration. The innovative programming of the ISE is being supported by the careful planning and work of the ISE and the Office of Development. The program will be executed over the next two years by ISE staff, Institute on Public Safety and Social Justice (IPSSJ) staff, Academic Affairs and Division of Integrated Community Engagement staff and faculty, and our students.

Erasing the Distance - A Theatrical Experience



“ Transforming true stories of people with mental illness healing and coping into theater is powerful and makes it real. You can't help but be moved. Professionally and personally speaking, ETD is a must see. ”
—Jae Jin Pak, *Prevention Specialist, C4 Quetzal Center*

A theatrical experience sharing 5 true stories of adults impacted by mental illness, performed by professional actors.

FEBRUARY 15, 2011

4:00 – 5:30 p.m.

Adler School of Psychology, Room 16-118
Refreshments will be served.



Shedding light on mental illness through theatre
ErasingTheDistance.org

Beating the Winter Blues

Winter can be the season of hibernation, but we encourage you to get out and enjoy some of the exciting and interactive events Chicago has to offer. Winter activities are beneficial for your mind and body so grab a friend and enjoy!

<p style="text-align: center;">McCormick Tribune Plaza and Ice Rink in Millennium Park</p> <p>The rink is free and open to the public. Skate rental is available for \$10. The ice rink is located on Michigan Avenue between Washington and Madison Streets.</p>	<p style="text-align: center;">Ice Skating in Daley Bicentennial Park</p> <p>Grant Park, 337 E. Randolph St. Open skate hours: Monday, Wednesday, Thursday & Friday 11:30 a.m. - 5 p.m. and 7:30 - 9 p.m. Tuesday, 2 - 5 p.m. and 7:30 - 9 p.m. Saturday, 11:30 a.m. - 1:30 p.m. and 5 - 9 p.m. Sunday, 11:30 a.m. - 1:30 p.m. and 8 - 9 p.m. \$6 skate rental; admission free. Group reservations are available during open skate hours. Call the park for further details. There is no concession stand, but hot chocolate is offered in a vending machine.</p>
<p style="text-align: center;">Ice Skating at McFetridge Sports Center</p> <p>California Park, 3843 N. California Ave. Indoor rink; open skate hours: All ages: Wednesday and Friday, 3:30 - 5 p.m. Saturday and Sunday, 4:30-6 p.m. Adults: Wednesday, 9:15 - 10:30 p.m. Teens and adults: Friday, 9:15 - 10:45 p.m. \$3 skate rental; admission is \$4 for children 12 and younger, \$5 for ages 13 and older, and \$2 for seniors 60 and older. Food concessions are available.</p>	<p>Chicago’s World Kitchen (hands-on cooking classes) http://www.ChicagoWorldKitchen.org Single classes are \$30 each; Series classes are 4 for \$100.</p> <p>Gallery 37 Center for the Arts 66 E. Randolph St. Chicago, IL 60601</p> <p>Exploring Breads of the South, February 4th Sweets for your Sweetie, February 6th Winter Greens, February 27th Celebrating the Israeli Kitchen, March 18th</p>
<p style="text-align: center;">Chicago Winter Dance in Millennium Park, February 2010</p> <p>Whirl and twirl in Millennium Park this February!</p> <p>Chicago Winter Dance features free events and programs on the ice and onstage all month long. Enjoy ice dancing and skating lessons at the rink to social dancing and dance lessons on the Jay Pritzker Pavilion stage.</p>	<p style="text-align: center;">Professional Sports</p> <p>Chicago Blackhawks’s Hockey (NHL) www.chicagoblackhawks.com United Center Tickets as low as \$15</p> <p>Chicago Bulls Basketball (NBA) www.bulls.com United Center Tickets as low as \$10</p>



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 SUBMISSIONS CAN BE SENT TO: CANDOR@ADLER.EDU