



Adler School Launches a New Doctoral Program in Military Psychology

Today's veterans have long been a marginalized population within society. Collectively as a group they suffer above average rates of substance abuse, suicide, chronic homelessness, and other psychological problems. Many military veterans also face challenges related to re-integration into society, preparing for additional deployment, recovering from a traumatic injury, or trying to further their education.



The Need for Military Clinical Psychologists:

- The occurrence rate of post traumatic stress disorders (PTSD) are at double the rates of prior conflicts. The PTSD rate among women has been recently stated at close to forty percent (40%).
- As a result of increased federal funding, the Veterans Administration (VA) system has been expanding the number of behavioral health programs, outreach sites (Vet Centers), and the number of actual Clinical Psychologist positions. In the Federal Fiscal Year 2020 fifty new VA Vet Centers were established.

To meet the growing needs of today's veterans, active military personnel, and their families, the Adler School of Professional Psychology has developed a specialized track in military psychology within the School's Psy.D. in Clinical Psychology program. This doctoral program prepares students to work as a clinical psychologist either as a member of the uniform services (Army, Navy, Air Force, or Public Health Corp) or as a civilian employee working in areas such as the Department of Defense, Veterans Administration, or public and private sector programs.

The program is designed to examine the psychological impact of events such combat, low level conflicts, terrorism, nuclear-biological-chemical incidents, natural disasters, peace-keeping missions, and humanitarian operations. Students are trained to provide clinical psychology services in a range of settings including hospitals, nursing and rehabilitation facilities, out-patient clinics, outreach centers, and when deployed or under-way with the military.



How to pick up your UPASS card?

Full-time students may pick up their UPASS cards **from 10 a.m. - 4 p.m. at the Reception Desk in the Student Services Hub on the 15th Floor.** Please bring a picture ID with you when you come to pick up your UPASS card.

Full-Time Requirement

Students are considered full-time status with Adler School if they meet one of the following criteria:

- Psy.D. student registered for 10 credit hours or more
- M.A. student registered for 8 credit hours or more
- Student registered for Full-Time Internship
- Student registered for Dissertation

Student registered for any Practicum (Community service Practicum included)

Note: If you are enrolled in Doctoral Dissertation Continuation, Dissertation Proposal Continuation or Practicum Continuation, your status is considered half time.

UPASS Waiver

If you believe you should have your UPASS fee waived, please email us at upass@adler.edu. In order to be considered for exemption you must send an email by **5:00 pm CST Sunday, January 16, 2011**. The email must include your full name and the criteria for which you believe you are exempt for the UPASS fee. **All waivers will be reviewed after the Add/Drop date of January 16.** Once your exemption claim has been confirmed, your account will be appropriately credited.

What do I do if my card is lost or stolen?

Lost or stolen cards should be reported to UPASS office. The card will be deactivated. You must go to UPASS office to request a new card. **A \$50.00 charge will apply.** Only one replacement card is issued in one semester. If you lose your replacement card a second time in one semester, you will have to wait until the new semester to apply for another UPASS.

When does my UPASS expire?

Your UPASS is valid until the end of the Spring semester.

Please let us know if you have any questions about the UPASS program.

Student Services

312-469-7225

studentservices@adler.edu

www.adler.edu

Vancouver Campus Staff Spotlight: Winna Ma

I started working for a community-based social service organization because I liked their socially just cause of improving the lives of families and children facing mental health issues. From this opportunity, I had the chance to work with a caring team of multi-disciplinary helping professionals, including counsellors and therapists, some of whom were Adler School graduates/students. My favorite part of the job was asking for feedback from the families who had received our services. I was always impressed with the great number of positive responses. It is rewarding to know that the work of these helping professionals that I support makes a real positive difference in people's lives.



Since one of my biggest accomplishments was receiving the positive feedback that I am helpful in keeping the organization for which I work organized and running smoothly, I decided to utilize those strengths to work for the Adler School. The Adler School is a place that trains socially responsible practitioners that I have immensely enjoyed working with. Moreover, my current career goal is to build on my existing skills and to diversify my skill set. Therefore, on top of working for a social service agency I am also working for the Adler School to broaden my experiences.

While at the Adler school, I feel the most satisfaction when I can connect students with information about clinical training and practicum sites. The two best things about the Adler school is their focus on practical training and emphasis in social interest. I have witnessed the compassionate and respectful actions of socially responsible students even before coming to the Adler School.

Even though I consider graduating with my Bachelor's degree in Psychology while working to pay for my education one of my achievements, one of my biggest disappointments was not being involved in extracurricular activities during my undergraduate years. I might have missed out on some worthwhile experiences. Upon graduating, I tried to find meaningful work to gain that life experience.

One of the greatest challenges I'm overcoming is accepting that it is okay to make mistakes and not to be too hard on myself when they are made. One of the best pieces of advice that I've received is that nobody is perfect and that everybody makes mistakes. This is also the same advice that I would give others, that it is okay to make mistakes as long as you learn from them. I am a believer of continuous learning and life is about living, learning and growing.

By Jaspreet Gill, Admissions Advisor, Vancouver Campus

Get Involved with the Vancouver ASA!

The Adler Student Association (ASA) Vancouver Student Organization is dedicated to being the voice of the student body and encouraging social responsibility and professional growth among Adler School students. Through various activities and meetings, the ASA promotes community and provides advocacy for students. If you are interested in joining the ASA either as a member or as an Executive Board Member, please email asavancouver@adler.edu.

Chicago Campus Student Spotlight: Debbie Serber

Debbie is currently the Adler Student Government President and the Tzedek Chair and Co-Founder of the Adler School Jewish Students Association.

Why I Do What I Do: I have always viewed myself as someone who stands up for what I believe in. I do not believe in sitting back and letting life happen, I like to take life by the horns and let me happen to life. You are the only one who can change your destiny, and you have to take charge in order to accomplish your goals. In terms of being involved in student organizations, there is always more that can be accomplished in a school, such as social activities, policy changes, and advocacy. I enjoy being someone who tries to see what else can be done in order to make the students, faculty, and administrative staff work more collaboratively and make the necessary changes.

Career Goals: I plan to work with children and adolescents who encounter psychological distress.

Accomplishments: Graduating with honors from my BA and MA programs, delivering a keynote speech at the Autism Conference of Minnesota, winning first place in the Community Service Practicum Fair Poster Presentation, becoming a member of Psi Chi, President of Sigma Alpha Epsilon Pi, Co-Founding the JSA, President of ASG, becoming an aunt for the first time, staying true to myself and my goals.

Biggest Achievement: Having friends and family who I can trust and rely on. Without the support from them, I wouldn't be able to accomplish anything.

Biggest Disappointment: My sister moving to Baltimore. Coming from a large family, we are incredibly close. When my sister moved to Baltimore, it made it more challenging to see her due to financial restraints. Now that she is married and has a baby, it is sad that I am not able to watch the baby grow up as much as I would like.

Influential People:

My Zaide Jake (Grandfather), who at the age of 79 went back to school and got his Bachelor's Degree in Psychology.

My Baubie Bunny (Grandmother), who convinced a burglar to go and get a job while she was being held up at gun point. The man chose not to rob her, and instead got a job across the street at a local restaurant.

Biggest Challenge: In December of 2007, I watched my father suffer a traumatic brain injury that could have been easily avoided had weather precautions been taken at a neighborhood park. My father slipped into a coma, and remained in that state for 3 weeks. Knowing the psychological damages that could have occurred as a result of that injury was incredibly challenging. The five weeks following the coma were also challenging, as intensive rehabilitation began. Today, I am lucky to say that the extent of my father's injury has left little damage to him physically and psychologically. Watching a parent age is hard enough, but watching a parent come close to death from a preventable accident is unforgettable.

Best Advice Received: "In dreams and in life, there are no impossibilities." ~My mom

Advice I Would Give: Instead of complaining that things will never change, step up and try and make the changes you want to see. Things will never change if everyone waits for someone else to change them. "Be the change you want to see in the world" ~ Gandhi

Toughest Obstacle I Overcame: My first year in undergrad I faced many obstacles educationally. Overcoming these obstacles and graduating with honors and part of Psi Chi allowed me to show that I can overcome many challenges placed in front of me, as long as I remain true to myself and determined to finish my goals.

What I Like Best About Adler School: I enjoy the sense of community that the Adler School provides. Being a commuter school, it is hard to engage in all of the community events that I wish I could, the fact that the school offers so many rich experiences (incorporating race, religion, international status, SES, and other educational programming), I believe that it helps us better understand the different clients that we will encounter throughout our careers, and better prepare us for life after graduate school.

Biggest Accomplishment while at Adler School: Coming in with a Master's Degree, my biggest accomplishment as a student at Adler would be my approval for the fast track program which will allow me to graduate a year early from the program. In terms of student organizations, watching the Jewish Students Association take off and become a success in the community was also a big sense of accomplishment as a student leader and co-founder of the organization.

How you promote the mission of the Adler School in your personal and professional life: I currently strive to be socially responsible in all realms of my life, and plan to continue to grow in this area throughout my life. I am very intrigued by individual differences and love engaging in debates, educational experiences, and discussions surrounding these differences. The more knowledge I gain about individual differences, the more socially responsible I will be as a clinician and in my personal life as well.



The Adler School Welcomes New Faculty and Staff

We are pleased to welcome a number of new faculty and staff to the Adler School this month.

De-Anthony King has joined the Office of Development as the Director of Annual Giving. De-Anthony comes to the Adler School from Lake Forest Graduate School of Management where he served as Manager of Annual Giving and Alumni Relations. Prior to Lake Forest, De-Anthony was the Associate Director of Annual Giving at Loyola University Health Systems in Maywood, IL.

Reporting to the Vice President of Development, the Director of Annual Giving is a key member of the development team responsible for planning, coordinating, implementing and evaluating a full range of activities related to annual giving, including: prospect acquisition; database analysis and management; developing direct mail pieces, electronic appeals, phonathons, and other special restricted gifts/programs, including the Faculty/Staff Appeal and other departmental "special" segmented appeals.

De-Anthony holds dual Bachelor Degrees in Computer Science and Mathematics from Shaw University in Raleigh, NC. He earned his MBA in Operations Management from Loyola University in Chicago, IL.

Kim McCullough has joined the Adler School as part of the Marketing & Communications team. She will serve as Director of Communications. Kim has extensive experience in public relations, communications, and marketing and previously served as Executive Director of University Communications and Marketing Services at Concordia University.

In her new role, she will drive the overall strategy of our internal and external communication efforts, including: media relations, marketing communications, editorial content development, and social media. Kim has a B.S. in News Communications from Bradley University and a M.A. in Public Affairs Journalism from Columbia College.

Jannie Kirby is the new Director of Marketing – Lead Generation at the Adler School. Jannie has extensive experience in admissions and marketing and has most recently served as Graduate Admissions and Marketing Coordinator at Lewis University.

In her new role, she will drive the overall strategy of our lead generation efforts and improve the efficiency of our marketing campaigns. Jannie has a B.S. in Journalism/Advertising from Southern Illinois University and an M.A. in New Media from DePaul University.

Gail Joyce has joined the Office of Academic Affairs as the Administrative Assistant for Faculty. Gail comes to us with extensive experience as an administrative assistant and also has her undergraduate degree in Psychology. Gail's primary assignment will be to work with department chairs and faculty in the master's level programs. She will mirror the responsibilities of Tammy Moore in the Psy D department.

Elinor Hite has joined the Adler School as the new Associate Vice President of Human Resources. Elinor has extensive experience in strategic HR, organizational development, corporate leadership training, recruitment, and talent management. Previously, Elinor was the Senior Vice President – Human Resources & Organizational Development at the YMCA Of The USA. Elinor also has considerable experience in Human Resources consulting for a wide variety of clients. For the last several years, Elinor has been a member of the Adjunct Faculty at the Adler School in the Masters in Organizational Psychology program.

Elinor has a B.S. in Psychology from Denison University in Granville, Ohio and a M.A. in Counseling from Princeton Theological Seminary in Princeton, New Jersey.

Professional Development Scholarship

The Adler School of Professional Psychology is offering assistance in the form of scholarship for current students interested in participating in conferences, seminars, work shops or conventions pertaining to an area of interest within the field of psychology or related mental health. Assistance provided will be restricted to the areas of conference fees, travel, and lodging expenses.

Application process: students interested in applying will need to submit

1. A letter (around one page in length) stating how the experience will serve to benefit the area of student professional development and the way in which the experience will be brought back and shared with the greater student body in the form of paper or displayed project.
2. Please include your contact information and conference information (organization, city, dates)
3. A budget proposal that outlines the anticipated expenses (direct estimates from hotels, airlines/ car rentals, conference fees).

Criteria: applications will be considered based on the following components:

1. Priority will be given to students who are presenting.
2. A statement of reciprocity indicating a specific manner in which the candidates will bring their experiences back to the student body at Adler School in the form of a paper or displayed project.
3. Relevance of the area of interest to the body of knowledge studied at Adler School.
4. Candidates financial ability will considered as a factor.

Agreement:

1. Students must submit an article to be distributed to all students. The goal is to share the knowledge that you have learned at the conference with the entire student body. The deadline for the article is **August 15, 2011**.
2. Students should pay for all expenses out of pockets and will be reimbursed for it after they have submitted their article.
3. All receipts must be turned in by **August 31, 2011** to be reimbursed for the scholarship expenses.

Deadline:

The Adler School allocates up to \$2,000 each semester towards professional development opportunities for students. The Fall Semester 2010 Scholarship deadline is **Monday, January 31, 2011**. All applications and questions can be directed to Tami Renner, Assistant Director of Student and Alumni Affairs, trenner@adler.edu.



Adler Institute on Social Exclusion to Develop a Mental Health Impact Assessment Tool

The Robert Wood Johnson Foundation has awarded \$250,000 to the Adler School. The Robert Wood Johnson Foundation is "the nation's largest philanthropy devoted solely to the public's health" (<http://www.rwjf.org>). The award will support the Adler Institute on Social Exclusion (ISE) in its development of a Mental Health Impact Assessment (MHIA) tool to prospectively assess the impacts of a public proposal on community mental health in Englewood, Chicago.

A preventative practice, MHIA enables mental health professionals to engage in socially responsible practice by working to ensure that legislative and public policy decision-making promote the mental health of vulnerable communities. Our project goal is to advance the Health Impact Assessment practice.

Our objectives are to:

- expand its traditional focus on physical health to include mental health;
- advance beyond planning, land use and built environment to include a broader range of proposals; and
- conduct a structured and systematic monitoring/evaluation process.

The project rationale is to:

- address the relative neglect of the mental health considerations in HIA practice;
- mitigate the impacts of state budget cuts on community mental health; and
- respond to state and federal public health recommendations.

The project will help Englewood residents by facilitating their involvement in a systematic analysis of a public decision; ensuring that the decision reflects an evidence-based understanding of its effects on community mental health; crafting recommendations to manage the mental health effects of the decision; and helping to narrow health disparities.

Expected outcomes include:

- evidence-based findings and recommendations;
- resident involvement in public decisions;
- broadened responsibility and accountability for community mental health;
- increased awareness of the impacts of non-health decisions on community mental health;
- improved community capacity for research, coalition building, organizing and advocacy;
- increased community cohesion and partnerships; and
- more clarity on the health equity impacts of public decisions.

Project success measures:

- Englewood residents engage in a public decision that impacts their mental health;
- stakeholders understand the concept of "social determinants" of mental health;
- HIA recommendations are integrated into the decision-making process; and
- local community and public agency support for HIA practice grows.

The project begins on 1/1/11 and ends on 6/30/12. To learn more, contact the ISE team at ISE@adler.edu.



Chicago Area Schweitzer Fellowship

"The purpose of human life is to serve, and to show compassion and the will to help others."

-- Dr. Albert Schweitzer

Now in its fourteenth year, the Chicago Area Schweitzer Fellows Program addresses the health and well-being of underserved and vulnerable communities throughout Chicago. Annually, we select 30 graduate students from diverse fields to become Fellows who will design and implement year-long direct service projects aimed at improving health and strengthening communities.

The Fellowship has a secondary objective: to cultivate a cadre of aspiring professionals to embark on a lifelong path of service. We draw upon Dr. Albert Schweitzer's ethic of "Reverence for Life" and his vision that a wealth of idealism and altruism exists in communities that can be tapped as a powerful instrument against the problems facing the poor and underserved. In addition to 200 hours of direct service, other elements of our Program are designed to inspire and inform the Fellows, and to reinforce their commitment to humanitarian service. These include monthly meetings, symposia on pertinent public health issues and service days. **Fellows receive a \$2,000 stipend for their participation.**

Our program is one of 11 Schweitzer Fellowship Programs that have been established around the US. Nationally over 1800 Schweitzer Fellows in the fields of medicine, nursing, law, public health, psychology, social work, pharmacy, occupational therapy, music and others have followed Dr. Schweitzer's example and "made their lives their argument." We recently formed a "Fellows for Life" alumni network to enable alumni to continue to remain in contact with each other, and to provide them with further leadership development and volunteering opportunities.

Deadline to apply for the fellowship is February 1, 2011

Information about the program may also be found online at

<http://www.schweitzerfellowship.org>

or you may send an email to

rwang@hmpg.org or call 312 372-4292 ext. 24.

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