

## **Master of Arts in Couple and Family Therapy at Adler University**

**The mission of the MCFT program is to train quality couple/marriage and family therapists firmly grounded in systemic theories who are culturally competent and socially responsible.**

### **PROGRAM GOALS**

1. To role model a clear professional identity as an ethical Couple and Family Therapist.
2. To train students to develop a systemic worldview in their work as a Couple and Family Therapist.
3. To graduate socially responsible professional Couple and Family Therapists sensitive to social justice and diversity.

### **STUDENT LEARNING OUTCOMES**

1. To understand and apply systems, modern, and postmodern Couple and Family Therapy theories.
2. To assess ethical, legal, and professional issues related to clinical practice.
3. To demonstrate cultural competency in practicing Couple and Family Therapy with diverse populations.
4. To display proficiency in clinical skills in the practice of Couple and Family Therapy.
5. To demonstrate knowledge of Adlerian principles that complement systemic work with couples, families, and individuals.
6. To illustrate knowledge and integration of Couple and Family Therapy research.
7. To describe, understand, and identify issues of social justice, social responsibility, and oppression with couples and families.
8. To establish a clear professional identity as an entry-level Couple and Family Therapist.

