

CANADIAN GOVERNMENT AND VANCOUVER COVID-19 COMMUNITY RESOURCES

April 7, 2020

Government of Canada Benefits

The [Canada Emergency Response Benefit \(CERB\)](#) provides a taxable benefit of \$2,000/month for up to 4 months.

[Employment Insurance \(EI\)](#) provides regular benefits to individuals who lose their jobs through no fault of their own.

Please note:

- Students can only receive benefits from one of these two programs above.
- International students, with a valid work permit, are also eligible for these programs provided they meet outlined eligibility requirements.

More information on government benefits:

- [Economic Support for Canadians](#) including tax credits, childcare benefit and employment insurance programs
- Information on the following [Employment and Social Development](#) programs: Employment Insurance (EI), Work Sharing, and Canada Student Loan Relief
- [CBC Article on Application Process for EI and Emergency Benefits](#)
- [Canada Life Group Life & AD&D Claims](#)
- [BC Emergency Benefit for Workers](#): BC residents who receive EI, or the newly implemented CERB, may be eligible for a one-time payment of \$1000 to be paid in May 2020.
- The [BC Temporary Rental Housing Supplement](#) provides assistance to those struggling to pay their rent as a result of income loss or income reduction due to COVID-19. The new temporary supplement will provide up to \$500 per month, paid directly to the landlord.
- [Child Care Benefits](#) have also been enhanced as an extra \$300 per child is now available through the Canada Child Benefit (CCB) for 2019-2020.

Student Loan Relief

- Holders of a [Canada Student Loan](#), effective March 30, 2020, will automatically have their repayments suspended until September 30, 2020. No payment will be required and interest will not accrue during this time. This does not apply to your provincial loan portion, however.
- [BC Student Loan](#) has announced that loan payments are suspended until September 30, 2020.

Financial Institutions

Relief on Mortgage Payments and Credit Products from [Canadian Banking Association](#) (CBA)

[Emergency Relief on Rent Payment and One-Time Interest Free Loans](#)

Income Taxes

Filing deadline extended to June 1, 2020. Deferral on income tax payments to August 31, 2020 available.

Vancouver Community Resources

Low-Cost Meals for Pick-up – [Say Mercy](#)

BC Food Bank - [Registration Required](#) & [Locations](#)

[Quest Food Exchange](#) (referral required)

Low-Cost Grocery Stores/Chains

- [No Frills](#)
- [FreshCo](#)
- [The Independent](#)

BC Provincial Government COVID19 Non-Health Related Information Line: 1-888-268-4319