

**CANADIAN GOVERNMENT AND VANCOUVER COMMUNITY RESOURCES****FOR THOSE IMPACTED BY COVID-19**

March 25, 2020

**Government of Canada Benefits**

[Economic Support for Canadians](#) including tax credits, childcare benefit and employment insurance programs

Information on the following [Employment and Social Development](#) programs: Employment Insurance (EI), Work Sharing, and Canada Student Loan Relief

[CBC Article on Application Process for EI and Emergency Benefits](#)

[Canada Life Group Life & AD&D Claims](#)

**Financial Institutions**

Relief on Mortgage Payments and Credit Products from [Canadian Banking Association](#) (CBA)

[Emergency Relief on Rent Payment and One-Time Interest Free Loans](#)

**Income Taxes**

Filing Deadline Extended to June 1, 2020. Deferral on income tax payments to August 31, 2020 available.

**Vancouver Community Resources**

Low Cost Meals for Pick-up – [Say Mercy](#)

BC Food Bank - [Registration Required](#) & [Locations](#)

[Quest Food Exchange](#) (referral required)

Low-Cost Grocery Stores/Chains

- [No Frills](#)
- [FreshCo](#)
- [The Independent](#)

BC Provincial Government COVID19 Non-Health Related Information Line: 1-888-268-4319