

Kevin A. Osten-Garner, Psy.D.

Professional Licenses

2006 – Present Licensed Clinical Psychologist: IL #071-007148 Renewal Date: 2016

Clinical and Academic Experience

2013 – Present **Associate Vice President of Academic Affairs – Division of Community Engagement and Training; Adler School of Professional Psychology, Chicago, IL**

Responsible for the operational and fiscal administration of clinical training (M.A. and Psy.D.), clinical services (Adler Community Health Services), community engagement, the Center for Adlerian Research and Practice, and the LGBTQ Mental Health and Inclusion Center. Collaborate with faculty and training site supervisors to ensure integration of socially responsible practice across the curriculum and training placements. Provides leadership and collaborates with others to ensure that the school engages with partners that are mission consistent to better serve the needs of diverse local and global communities and provide quality learning opportunities for faculty and students. Identify and secure funding for engagement and training opportunities for students, staff, and faculty.

2011 – Present **Director – LGBTQ Mental Health and Inclusion Center; Adler School of Professional Psychology, Chicago, IL**

LMHIC's mission is to challenge and impact exclusionary policies, practices, and inequalities that impact health/mental health for sexual orientation minorities and gender nonconforming or transitioning people. Develop culturally-competent LGBTQ curricula for psychology masters- and doctoral-level students. Create sustainable community engagement and research projects that address the needs of the underserved/underrepresented populations within the LGBTQ community. Create LGBTQ clinical training and volunteer opportunities for students. Provide continuing education presentations to community on relevant LGBTQ clinical and training topics. Consult on LGBTQ research, dissertations, and theses for faculty and students. Designed and now teach LGBTQ Lifespan Development, and Clinical Issues and Interventions for Sexual Orientation and Gender Identity Minorities in Psy.D. program. Launched www.chicagolgbtservices.org website to serve as a clearinghouse of all services in the Chicagoland area for LGBTQ people.

2007 – Present **Dr. Kevin A. Osten; Owner (Private Practice), Chicago, IL**

Provide individual and couples therapy. Focus of practice is on chemical abuse/addiction, behavioral compulsions, and chronic mental illness. Provide substance use/abuse consulting services to two Chicago-area art colleges. Provide

consultation and oversight of mental health focused student projects for the Albert Schweitzer Fellowship Program.

2011 – 2014

Allied Health Professional; Chicago Lakeshore Hospital, Chicago, IL

Serve as a consultant for the clinical operation of the Valeo Program (LGBTQ-dedicated inpatient and intensive outpatient services) at Chicago Lakeshore Hospital. Continue overseeing doctoral-level psychology training program.

2007-2011

Clinical Coordinator of Adult Outpatient Services; Chicago Lakeshore Hospital, Chicago, IL

Provided clinical oversight of three intensive outpatient programs. Duties included conducting weekly clinical staffing, management and updating of policies and procedures with Joint Commission compliance, providing clinical support to clinicians during emergencies, monitoring of physician/psychiatrist compliance, management of program outcome measures and HIPAA compliance, participate in environment of care meetings, provide CEU-certified and non-CEU-certified trainings, staff scheduling, doctor-to-doctor reviews with managed care organizations, and management of CADC, MA and Psy.D./Ph.D. training program. Continued development and operation of the Chicago LGBT Behavioral Health Training Consortium with community partners. Continued responsibility of all duties under Psychologist – Valeo Program described below.

2004 -2007

Psychologist – Valeo Program; Chicago Lakeshore Hospital, Chicago, IL

Developed and maintained the clinical operation of an LGBTQ mental health and co-occurring disorder intensive outpatient program. Duties included providing culturally-competent individual, couples/family, and group psychotherapy, intake and psychosocial assessments, treatment plan creation and updating, discharge planning, FMLA/short- and long-term disability evaluations, and conducting addiction-focused group therapy in Valeo inpatient program. Established and maintained community partnership and referral agreements with other LGBT or LGBT-servicing agencies. Created and maintained a doctoral-level psychology training program. Hosted a one-year internship program through the Lake Michigan Training Consortium of Argosy University – Chicago. Continued development and operation of the Chicago LGBT Behavioral Health Training Consortium with community partners.

2003 -2004

Pre-doctoral Intern; University of Illinois at Chicago Counseling Center; Chicago, IL (APA-approved)

Provided comprehensive psychological services to student population. Duties included individual therapy, process group therapy facilitation, career testing and counseling, intake assessments, participation in didactic seminars, group and individual supervision, and outreach services to the study body. Community Service rotation included maintaining co-facilitator participation of LGBTQ addictions recovery group at Howard Brown Health Center.

2002-2004

Psychotherapy Volunteer; Howard Brown Health Center, Chicago, IL

Provided long-term individual therapy to three clients in recovery from addiction. Maintained co-facilitation of addictions recovery group. Participated in weekly clinical staffing.

2001-2002

Psychotherapy Extern; Howard Brown Health Center, Chicago, IL

Provided comprehensive psychological service to the LGBT population. Duties included providing short- and longer-term individual therapy, co-facilitated an addiction recovery group, and conducted intake assessments.

2000-2001

Diagnostic Extern; Riveredge Hospital, Forest Park, IL

1999-2003

Owner; Independent Psychological Insurance Consultants, Chicago, IL

1997-1999

Team Leader; Caremark Therapeutic Services, Northbrook, IL

1994-1999

Counselor; Milwaukee Psychiatric Hospital, Milwaukee, WI

1992-1995

Counselor; Saint Mary's Hill Psychiatric Hospital, Milwaukee, WI

Professional Presentations

Osten-Garner, K., & Fitzgerald, P. (2014). *Healthcare Reform and Employee Assistance Programs*.

Annual Conference, Northern Illinois Employee Assistance Program Association, Chicago, IL

Osten-Garner, K. (2014). *Integrating LGBTQ-Competency into Health Curricula*. Panelist, Chicago Department of Public Health, Chicago, IL

Osten-Garner, K. (2014). *Insurance and Billing Basics for Private Practice, and the Upcoming Changes with Healthcare Reform*. Chicago LGBT Behavioral Health Training Consortium, Chicago, IL

Osten-Garner, K. (2014). *Heteronormativity and Affirmative Psychology Practice for LGBTQ Clients*. Thresholds, Chicago, IL.

Osten-Garner, K. (2014). *Healthcare Reform - The Future of Behavioral Health Care*. Adler School of Professional Psychology, Chicago, IL.

Osten-Garner, K. (2013). *Neurobiology of Substance Use*. Howard Brown Health Center, Chicago, IL

Osten-Garner, K. (2013). *Healthcare Reform – A Primer of the Changing Healthcare Landscape*. Adler School of Professional Psychology, Chicago, IL

Osten, K. (2013). *Healthcare Reform and Behavioral Health Training*. Association of Chicagoland Externship and Practicum Training, Chicago, IL

Osten, K. (2013). *Innovative Approaches to Substance Use/Abuse in the LGBT Community*. Howard Brown Health Center, Chicago IL

Osten, K. (2013). *Violence Outside and Within the LGBT Community*. Schweitzer Fellowship Symposium, Chicago, IL

Osten, K. (2013). *Unpacking Gender and Sexual Orientation*. University of Chicago Counseling Center, Chicago, IL

Osten, K. (2013). *Addressing Heteronormativity in Clinical Practice*. Public Health Department, Village of Hoffmann Estates, IL

Osten, K. (2013). *Intersection of Heterosexism and Racism*. Adler School of Professional Psychology, Vancouver, BC

Osten, K. (2013). *Addressing Heteronormativity in Clinical Practice*. Keynote Address, Adler School of Professional Psychology, Vancouver, BC

Osten, K. (2013). *Clinical Supervision of Students Working with Sexual Orientation and Gender Identity Minorities*. Adler School of Professional Psychology, Vancouver, BC

- Osten, K. (2013). *Social Determinants of Mental Health – Case Study of a Sexual Orientation and Gender Identity Minority*. Adler School of Professional Psychology, Vancouver, BC
- Osten, K. (2012). *Alcohol and Drug Use: Risks and Rewards*. Tribeca/Flashpoint Academy, Chicago, IL
- Osten, K. (2012). *Supervisory Issues and Strategies in LGBTQ Clinical Training*. Adler School of Professional Psychology, Vancouver, BC
- Osten, K. (2012). *LGBTQ Sexual Health*. Adler School of Professional Psychology, Chicago, IL
- Osten, K. (Semi-Annual 2004 – 2011). *Alcohol and Drug Use: Risks and Rewards*. School of the Art Institute of Chicago, Chicago, Illinois
- Osten, K. (2011). *LGBTQ Substance Use and Treatment*. Adler School of Prof. Psychology, Chicago, IL
- Osten, K. (2011). *A Forward Vision for Our Work*. Keynote address for the Chicago LGBTQ Task Force on Substance Use and Abuse, Chicago, IL
- Osten, K. (2011). *Current Trends in Psychotropic and Street Drug Combinations in College Students*. Moraine Valley Community College, Palos Hills, IL
- Osten, K. (2011). *LGBTQ Workplace Concerns: What Employers Can Do to Improve LGBTQ Inclusion*. Chicago Lakeshore Hospital EAP Series, Chicago, IL
- Osten, K. (2011). *LGBTQ Youth and Mental Health*. Chicago Counseling Association, Chicago, IL
- Osten, K. (2010). *Psychiatric Emergencies and Hospitalizations with College Students*. Dominican University, River Forest, IL
- Osten, K., James, R. (2010). *Current Trends in LGBT Substance Use and Treatment*. Governor's State University, University Park, IL
- Osten, K. (2009). *What EAP Professionals Need to Know About Substance Abuse Risk in the Workplace*. Chicago Lakeshore Hospital, Chicago, IL
- Osten, K. (2009). *Dispelling the Myths of Substance Use*. College of DuPage, Glen Ellyn, IL
- Osten, K. (2008). *Dual-Diagnosis Issues and LGBTQ Youth*. Forgotten Youth Conference, College of DuPage, Glen Ellyn, IL
- Osten, K. (2008). *Profits before Proof: The Problem with the Prometa Protocol*. Southern Illinois Meth Conference, Southern Illinois University, Edwardsville, IL
- Osten, K. (2005). *Methamphetamine*. Grand Rounds presentation, Evanston-Northwestern Hospital, Evanston, IL

Education

- 1999-2004** **Illinois School of Professional Psychology – Chicago Campus, Chicago, IL**
APA-Approved
 Doctor of Psychology (Psy.D.)
 Clinical Research Project: The Experiences of Black-White Gay Male Couples and the Implications for Therapy
- 1995** **University of Wisconsin – Milwaukee, Milwaukee, WI**
 Bachelor of Arts, Ethnic Studies
 Concentration in Native-American Studies

Conferences and Continuing Education

- 2014 Ethics in the Digital Age, Chicago, IL

- 2014 FERPA Compliance, Chicago, IL
- 2013 Innovative Healthcare Solutions Conference, Strategic Solutions, Las Vegas, NV
- 2013 Translating Neuroscience Findings into Practical Drug Abuse Prevention, APA Convention
- 2013 Ethics Committee Presents Hot Topics in Ethics, APA Convention
- 2013 Integrated Primary Care Best Practices in Doctoral, Internship, and Postdoctoral Training Settings, APA Convention
- 2013 Psychology Practice and Science in Academic Health Centers Implications of Healthcare Reform, APA Convention
- 2013 How Are We Preventing the Bullying of LGBT Kids?, APA Convention
- 2013 Behavioral Health Outcome Assessment in Electronic Health Records, Chicago, IL
- 2013 Equipping Yourself and Your Practice to Participate in the New ACO, Chicago, IL
- 2013 Minimizing Barriers to Care for Trans and Gender Queer Youth, Chicago, IL
- 2013 Intersecting Identities: Sexual Orientation, Gender Identity, and Islamic Faith, Chicago, IL
- 2012 Social Determinants of Urban Mental Health Conference, Chicago, IL
- 2012 Alternative Sexualities Conference, Chicago, IL
- 2012 Queer People of Color and Religion, Chicago, IL
- 2012 Clinical Benefits of an Intensive Outpatient Program, Chicago, IL
- 2012 GenSilent Screening and Clinicians Panel on Older Adult Care, Chicago, IL
- 2012 Fish Out of Water Screening and Clergy Panel on Spiritual Health of LGBTQ People, Chicago, IL
- 2012 SMART Recovery, Chicago, IL
- 2012 Working with LGBTQ Veterans and Military Personnel in Community Settings, Chicago, IL
- 2012 Legal Considerations Working with HIV+ Clients, Chicago, IL
- 2012 Lesbian Identity Development, Chicago, IL
- 2012 Reflections on the Future of Professional Psychology, APPIC Conference
- 2012 Understanding the Pipeline into Psychology, APPIC Conference
- 2012 Update on the 2008 CCTC Imbalance Grid, APPIC Conference
- 2012 APPI Enhancements & Other Upcoming Technology Advances for APPIC, APPIC Conference
- 2012 Quality Training = Quality Psychologists: Where are the Gaps and How Do We Close Them?, APPIC Conference
- 2012 “Competence” as “Cultural”: The Case for a Shifted Paradigm in Training, APPIC Conference
- 2012 Problem Consultation: An Introduction to the APPIC Problem Consultation Process, APPIC Conference
- 2012 Developing a Competent Workforce, APPIC Conference
- 2012 Helping Non-Accredited Programs Move Forward, APPIC Conference
- 2012 APPIC Supervision & Ethics Workshop, APPIC Conference

Publications

Osten, K, Switzer, R. (2013). Integrating 12-Steps into Psychotherapy. Thousand Oaks, CA: Sage Publications

Research

2012-2014 **LGBTQ Cultural-Competency Training Module Development; Health and Medicine Policy Research Group and the Juvenile Temporary Detention Center, Chicago, IL**

New training program to develop a culturally-competent module for healthcare workers providing services to LGBTQ youth in the detention center.

2011-Present **LGBTQ-Identified Parenting Project; Adler School of Professional Psychology, Chicago, IL**

Researching how identifying as LGBTQ impacts both resiliency and risk in the parenting task. Research will focus on helping clinicians understand how to help and support LGBTQ-identified parents by providing culturally-competent parent education, utilize their resiliency skills for overcoming external challenges to the parenting task, and provide a social justice blueprint to improve community support and integration.

Professional Volunteer Leadership Activities

2013-Present **Member; LGBT Health Advisory Council; Chicago Department of Public Health, Chicago, IL**

2011-Present **Member; Chicago LGBT Taskforce on Substance Use and Abuse, Chicago, IL**

2006-Present **Albert Schweitzer Fellowship Advisory Board Member; Health and Medicine Policy Research Group, Chicago, IL**

Participate in interviewing and selecting of student projects that focus on underserved populations in the Chicago area. Provide mentoring and support services for student projects that are LGBTQ, mental health, or addiction focused. Provide oversight and consultative services to the organization on maintaining development and growth of the Fellowship program.

2004-2013 **Training Director; Chicago LGBTQ Behavioral Health Training Consortium; Chicago, IL**

The Consortium is a partnership between Howard Brown Health Center, Valeo-Chicago Lakeshore Hospital, and Center on Halsted to provide weekly didactic training for all behavioral health students at the three agencies.

2009-2011 **Curriculum Advisory Board Member; Chicago School of Professional Psychology, Chicago, IL**

Provided consultation for curriculum and program development, especially for the LGBTQ population, substance and process addictions, and severe mental illness.

2008-2009 **Health Initiatives Task Force Co-Chair; Division 44, American Psychological Association, Washington, DC**

Co-chaired the workgroup tasked with researching and recommending mental health and addiction disparities for LGBTQ people to the Healthy People 2020 workgroup. Worked in partnership with the National Coalition for LGBT Health, the Office of Lesbian, Gay, Bisexual, Transgender Concerns and other divisions within the American Psychological Association.

2007-2008

Prometa Workgroup Member, Illinois Attorney General Office, Chicago, IL
Partnered with Dept of Alcoholism and Substance Abuse, and the IL Alcoholism and Drug Dependence Assoc. in conjunction with community partners to educate public about Prometa Protocol and preventing this unproven treatment in Chicago and Illinois. Co-presented with Steve Mange, J.D. of the IL Attorney General's Office at the Southern IL Meth Conference.