Ten Sought-After Functions in Workout Apps

1. Affordability
2. Track Your Progress
3. Estimate Caloric Expenditure
4. Quick Workout Options
5. Synced Music
6. Muscle Matters
7. Amp Up Indoor Cycling
8. Workout Videos
9. Gamification
10. Charitable Connection

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ACSM's Health & Fitness Journal:
November/December 2018 - Volume 22 - Issue 6 - p 72