Please find the following documents attached to support your travel to Vancouver:

- Letter of Support from Adler University
- B.C. Guide for 14-Day Quarantine
- Support for Travellers Self-Isolation Plan
- International Student Arrival and Quarantine Guide

Please read through these documents and prepare your self-isolation plan. Unless exempted, all travellers must submit a B.C. self-isolation plan and complete the federal ArriveCAN application for approval before their return to B.C., or upon arrival.

The International Student Arrival and Quarantine Guide provides important information about arrival and transportation procedures, quarantine requirements, and resources for accessing food, supplies and health services during your 14-day quarantine period. Please review this guide prior to your arrival.

Our immigration consultant has provided a list of questions that the CBSA officer may ask you upon entry into Canada. Please prepare your answers in advance of your arrival.

- Are you going to be in quarantine?
- Do you live with anyone else? If yes, then how are they keeping the distance from each other.
- Do you have any visitors?
- Do you have any access to fresh air? If you have balcony, do you share it with anyone?
- Do you plan to go out?
- Do you have your own bedroom?
- Do you have your own bathroom?
- Do you do laundry separately?
- Who is doing the cooking?
- How will you get groceries?

We recommend that you print a copy of your class schedule and have it ready to present at the border upon request of a CBSA officer. You can print your schedule from the “Schedule” tab in Self-Service:

*Click the Print option if you want a hard copy of your schedule.*