

U.S. National Community Resources

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Student Assistance Program

Adler University partners with ComPsych to offer a **Student Assistance Program** at no cost to students. The program offers the following resources:

- Confidential Mental Health Counseling
- Financial Information and Resources
- Legal Support and Resources
- Work/Life Assistance, including referrals for child and elder care

To contact ComPsych:

- Call 844-230-9697 (US); 866-641-3847 (Canada); or 800-697-0353 (TDD)
- Visit: www.guidanceresources.com
- Use with ID: Adler

Childcare

[Child Care Aware of America](#) – Find your local Child Care Resource and Referral agency for help finding child care and on where to get help paying for child care.

[Head Start and Early Head Start](#) programs provide free learning and development services to children ages birth to 5 from low-income families. Learn more about eligibility guidelines and search for local programs.

[How To Find Support for 100% Remote Schooling During COVID-19](#) – Sitter City

[Care.com](#) - Find providers for child care, school support, and senior care

Course Materials

[Adler University Library](#) – Most of your required books for classes are available as e-books. [Contact a librarian for reference assistance.](#)

Check your local public library for books and reference materials.

Food

- [Feeding America](#) – Find your local food bank
- [FoodPantries.org](#) - Find your local food pantry
- [Catholic Charities](#) - Enter your location to find a Catholic Charities location near you
- [Salvation Army USA](#) - enter your location to find a food pantry near you
- [United Way](#) has a COVID-19 Community Economic Relief Fund to assist with bills, rent, and food.

Healthcare

Mental Healthcare

ComPsych is the Adler Student Assistance program that Adler University is partnered with to provide mental health resources and support to its students.

As students of Adler University, you have access to 12 free counseling sessions per year through ComPsych where a mental health professional will assess your needs and assist in referring you to a provider that meets your needs.

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Health Insurance

[Healthcare.gov](#) - Open enrollment thru May 15, 2021

Housing

[ShelterList](#) provides a directory of shelters that offer assistance to the homeless.

The U.S. Department of Housing and Urban Development's (HUD) [Find Shelter](#) tool provides information about housing, shelter, health care, and clothing resources in communities across the country.

[Eviction moratorium](#) and other tenant protections related to COVID-19

[Eviction and Foreclosure Moratorium](#) extended to March 31, 2021, by U.S. Dept. of Housing and Urban Development

International Student Resources

Online and Chicago Campus employment opportunities are available for international students. Contact the Financial Aid department to learn more: 312.662.4150; 844.459.3710 (toll-free); or financialaid@adler.edu.

[NAFSA: Association of International Educators](#) offers resource links to help international students navigate issues arising from the COVID-19 pandemic.

Internet, Data, Technology

- [Everyon.org](#) - Find low-cost internet service and computers by zip code
- [Comcast Internet Essentials](#) - Affordable internet plans for low-income individuals

Transportation

[MyScholly cash assistance program](#) can cover transportation costs.

Tuition Assistance

- [MyScholly](#) - Scholarship app which offers students the opportunity to apply for cash relief assistance of \$1,000 to be used on debt, tuition, groceries, transportation or other necessities.
 - Eligible individuals may also enter by mail without opening a savings account. Enter by mail: Hand-print your name, address, city, state, ZIP code, e-mail address (if available) and daytime phone number (including area code) on a 3" x 5" card, and mail in a business-size (#10) envelope with proper postage affixed to: 958 N. Western Ave #764 Hollywood CA, 9002. Each entry must be mailed separately. To be eligible for the Entry Period, mail-in entries must be postmarked by April 4, 2021, and received by April 9, 2021.
- [North Carolina Heroes Financial Hardship Grant](#) - Provides financial assistance to military members who were returning from active duty and facing difficult transitions as well as financial hardships.
- [American Psychology Association](#) - Research funding, scholarships, honors, and awards from APA and other psychology-related organizations
- [Careerone.stop.org](#) - Scholarships, fellowships, grants, and other financial aid award opportunities
- [Studentaid.gov](#) - Information regarding updates on federal loans during pandemic
- [Air Force Aid Society](#) - Emergency assistance in the form of no-interest loans or grants