

DOMINIQUE BARNES-WALKER, PHD, LCSW, LMFT

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EDUCATION

DOCTOR OF PHILOSOPHY IN COUPLE AND FAMILY THERAPY, ADLER UNIVERSITY CHICAGO, IL

June 2020

Dissertation Title: *Examining the Endorsement of The Strong Black Woman Archetype on Romantic Relationship Satisfaction (Published)*

MASTER OF SOCIAL WORK, UNIVERSITY OF ILLINOIS AT URBANA- CHAMPAIGN

May 2016

BACHELOR OF SOCIAL WORK, UNIVERSITY OF ILLINOIS AT URBANA- CHAMPAIGN

May 2015

MEMBERSHIPS

Illinois Affiliation of Marriage and Family Therapist – Board Member

National Association of Social Workers -Member

Delta Kappa International Marriage and Family Therapy Honors Society

PROFESSIONAL EXPERIENCE

SEPTEMBER 2018- PRESENT

ASSOCIATE DIRECTOR, THERAPIST, CHICAGO COUNSELING SERVICES – CHICAGO (CCS), IL

Provides therapeutic services for individual adults, couples, families, and children. Supports individuals with a wide range challenges, mental diagnoses, and trauma related events. Uses narrative therapy as a theoretical orientation, focusing on empowering clients to make meaning of their experiences and creating new preferred stories of their lives. Processing group therapy facilitator for five years. Provides supervision for provisionally licensed professor counselors, licensed social workers, and licensed clinical social workers. Meets annually with each CCS Staff member. Review and audits notes for all CCS staff for thoroughness and promptness. Attends and facilitates weekly or bi-weekly CCS leadership meetings and participates in expansion projects. Participate in interviews and onboarding for all new staff. Reviews and updates CCS handbook.

NOVEMBER 2020- 2023

CLINICAL TRAINING PROGRAM DIRECTOR, CHICAGO COUNSELING SERVICES – CHICAGO, IL

Initiated and developed the agency's first clinical training program. Developed clinical training manual, policies, and procedures, orientation, and trainings for externs/ clinical practicum students. Served as both individual and group supervisor. Overseed and managed all aspects of the program including liaison with training programs, ensured all externs had both individual and group supervision by a licensed clinician, and ensured that externs met all requirements of their receptive academic programs.

SEPTEMBER 2019-2020

APPRENTICE REVIEWER –JOURNAL OF MARITAL FAMILY THERAPY

Provided written reviews and feedback for manuscript submissions to the Journal of Martial Family Therapy for publication.

JUNE 2017- JULY 2018

THERAPIST/EXTERN, CHATHAM FAMILY COUNSELING CENTER-HARTGOVE BEHAVIORIAL HEALTH SYSTEM – CHICAGO, IL

Provided therapy to children, adolescents, families, and couples with a wide range of clinical presentations using theoretical orientation. Conducted intake assessments as well as provided ongoing support for individuals following recent psychotic hospital discharge.

AUGUST 2016- AUGUST 2017

COUNSELOR/HOME BASED SERVICES, ADA S. MCKINLEY COMMUNITY SERVICES INC. – CHICAGO, IL

Provided direct home-based counseling services to adults with intellectual and developmental disabilities to ensure individuals. Used Cognitive Behavioral Therapy (CBT) approach focusing on independent life skills to assist developing client's social, emotional and intellectual capacities to meet short term, and long-term goals.

MAY 2016- AUGUST 2016

CLINICAL INTERN, COOK COUNTY JUVENILE PROBATION & COURT SERVICES – CHICAGO, IL

Provided forensic mental health assessments to minors ages 12-17, placed on probation or supervision. Formulated detailed reports and made recommendations to the court for further treatment. Provided individual therapy, substance use therapy, anger management, as well as grief counseling.

JANUARY 2016- MAY 2016

GRADUATE STUDENT IN TRAINING, UNIVERSITY OF ILLINOIS FAMILY THERAPY CLINIC – CHIAMPAIN, IL

Provided clinical assessments, and treatment planning for couples through Master of Social Work family therapy practicum. Weekly couples and family counseling provided. Received. Weekly supervision from marriage and family therapist.

JANUARY 2015- MAY 2015

MEDIATOR/GROUP FACILITATOR, PRAIRELAND CONFLICT MEDIATION CENTER – URBANA, IL

Volunteer Mediator for civil, domestic and criminal disputes for the 6th Circuit Counties. Facilitated and coordinated eight-week, two-hour sessions of peaceful parenting classes for high conflict relationships.

TEACHING EXPERIENCE

DECEMBER 2019- PRESENT

**ADJUNCT LECTURER, DEPARTMENT OF COUPLE AND FAMILY THERAPY
ADLER UNIVERSITY- CHICAGO, IL**

Culture and Diversity in Couple and Family Therapy –Spring 2024, Anticipated

Couple and Family Therapy Practicum and Practicum Seminar –Fall 2023, Spring, and Summer 2024

Culture and Diversity in Couple and Family Therapy – Spring 2023

Basic Skills of Psychotherapy – Fall 2022

Overview of Post-Modern Approaches to Couple and Family Therapy – Summer 2022

Culture and Diversity in Couple and Family Therapy – Spring 2022

Basic Skills of Psychotherapy – Fall 2021

Overview of Post-Modern Approaches to Couple and Family Therapy – Summer 2021

Overview of Modern Approaches to Couple and Family –Spring 2021

Overview of Post-Modern Approaches to Couple and Family Therapy – Summer 2020

Culture and Diversity in Couple and Family Therapy – Spring 2020

Exploring Stereotype of Women of Color – Fall 2020

Proposed and developed this course as part of the electives offered within the Department of Couple and Family Therapy as well as the Department of Counseling Education at Adler University.

OCTOBER 2021- APRIL 2022

**PART-TIME FACULTY, DEPARTMENT OF MARRIAGE AND FAMILY STUDIES
NORTHCENTRAL UNIVERSITY- SAN DIEGO, CA**

Psychopathology, Diagnosis, and Systemic Treatment – Fall 2021

Systemic Evaluation and Case Management – Fall 2021

JANUARY 2021- DECEMBER 2021

**ADJUNCT LECTURER, DEPARTMENT OF COUNSELOR EDUCATION AND
COUNSELING, PHD PROGRAM IN COUNSELOR EDUCATION & SUPERVISION
ADLER UNIVERSITY- CHICAGO, IL**

Advanced Couples Counseling –Spring 2021

**TEACHING ASSISTANT, DEPARTMENT OF COUPLE AND FAMILY THERAPY
ADLER UNIVERSITY- CHICAGO, IL**

Basic Skills of Psychotherapy – Fall 2019

PRESENTATIONS & SPEAKING ENGAGEMENTS

Emergency Department Overcrowding at Jackson Park Hospital in Chicago. *Poster Presentation at the Univ. of IL; Urbana Champaign, IL 2015.*

We Were Made for These Times, Becoming Wiser Together. *Facilitator at the Univ. of IL. Chicago World Café Workshop; Chicago, IL 2017.*

Barriers to the Strong Black Woman in Therapy. *Oral Presentation at Illinois Marriage and Family Therapy Conference; Naperville, Illinois 2018.*

Challenging the Myth of Resistance: Engaging Black Clients in Psychotherapy. *Poster Presentation at Adler University, Annual Research and Scholarship Symposium; Chicago, IL 2018.*

Therapists as Self: Perspectives from African American Clinicians in the Workplace. *Oral Presentation at Adler University Multifaceted Themes of Diversity Conference; Chicago, IL 2016.*

Parenting from the Inside Out: How a Deeper Self Understanding Can Help Raise Children Who Thrive. *Poster Presentation at Adler University, Couple and Family Therapist Showcase; Chicago, IL 2017.*

Barriers to Therapy for the Strong Black Woman. *Oral Presentation at Marshall University, Tri State Conference on Diversity and Inclusion: Intersectionality Celebrating the Difference Among Us. Huntington; WV, 2018.*

The Impact of the Strong Black Woman Stereotype. *Interview on The ResearchHER podcast. 2019.*

Engaging Children of Color in Therapy. *Oral Presentation at The Illinois Marriage and Family Therapy Conference; Naperville, Illinois 2019.*

The Path to Pursing a Doctoral Degree; Professional Days. *Oral Presentation at The Academy for Advanced Studies. Atlanta, Georgia 2020.*

MFT in The New Age of COVID. *Keynote Address, Panel Discussion at The Illinois Marriage and Family Therapy Virtual Conference; Naperville Illinois 2020.*

Mental Health School of Social Work Alumni Career Panel. *Panel Discussion at The University of Illinois, Champaign-Urbana, Illinois 2021.*

The Pandemics Impact on Communities of Color. *Keynote Address, Panel Discussion at The Illinois Marriage and Family Therapy Virtual Conference; Illinois 2021.*

PhD Dissertation Support Group. *Facilitated Discussion and Moderator at Adler University, Department of Couple & Family Therapy; Chicago, Illinois 2020.*

Well Paid Women are Less Satisfied in Their Relationships. *Interview on The ResearchHER podcast. 2021.*

The Impact of COVID-19 One Year Later. *Panel Discussion at for The Detroit Recovery Project, Detroit Michigan 2021.*

Professional Development Series: How to Write a Cover Letter. *Oral Presentation at The University of Illinois, Champaign-Urbana, Illinois 2021.*

Understanding the Importance of Queer Language. *Oral Presentation at The Illinois Marriage and Family Therapy Conference; Chicago, Illinois 2023.*