

Adler University
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2018	PhD in Couple and Family Therapy, Drexel University Dissertation: “Attachment-Based Family Therapy, Changes in Parental Validation and Adolescent Symptoms in a Diverse Sample of Suicidal Teens and Parents” Committee: Stephanie Ewing (Chair), Guy Diamond, Charlotte Marshall, Fengqing Zhang, Riana Anderson, Ronald Taylor
2014	MA in Marriage and Family Therapy, <i>summa cum laude</i> , Drexel University
2011	BS in Family Science, University of Maryland, College Park

AAMFT Approved Supervisor (2022-present)
Illinois Licensed Marriage and Family Therapist (#166.001452; 2021-present)

2022- present	Assistant Professor, Department of Couple and Family Therapy, Adler University
2021-	Director, Bette D. Harris Family and Child Clinic The Family Institute at Northwestern University
2021	Staff Therapist on Child and Adoelsent Service Line, The Family Institute at Northwestern university
2020	Clinical Scholar Postdoctoral fellowship at The Family Institute at Northwestern University
2018	Staff Therapist at Intercultural Family Services, Philadelphia PA
2017	Staff Therapist at Center for Family and Relationships, Philadelphia PA

Courses taught at Adler University

2022-present Instructor, MCFT 572, Basic Skills to Psychotherapy
Instructor, MCFT 603-A, Clinical Practicum
Instructor, MCFT 655-A, Intimate Relationships
Instructor, MCFT 721, Post Modern Approaches
Instructor, MCFT 662, Modern Approaches

Courses Taught at The Family Institute

- 2020 Instructor, MSMFT- Child and Family Course
Marriage and Family Therapy Program
- 2019 Instructor, Reflective Practice Seminar (Clinical Practicum)
Counseling Program

Courses Taught at Drexel University

- 2016-2018 *Teaching Assistant*, The Person of the Therapist Training
Professor, Dr. Harry Aponte
Couple and Family Therapy Program
- 2016 *Teaching Assistant*, Introduction to Family Therapy
Professor, Dr. Stephanie Brooks
Couple and Family Therapy Program

Courses taught at University of Maryland, College Park

- 2011 *Teaching Assistant*, Children and Families
Professor, Dr. Megan Fitzgerald
Family Science Department
- 2011 *Teaching Assistant*, Personal and Family Finance
Professor, Dr. Kate Beauer
Family Science Department

Guest lecturer opportunities

- 2020-2021 *"PhDs in MFT"*
Professional Seminar
Professor, Dr. Allen Sabey
Marriage and Family Therapy Department
- 2019 *"Person of the Therapist"*
Self and Systems: Theory and Application
Professor: Dr. Allen Sabey
Marriage and Family Therapy
- 2017 *"Obsevational Research"*
Research Methods
Professor. Dr. Stephanie Ewing
Marriage and Family Therapy Department
- 2015 *"Introduction to Psychotherapy"*
Introduction to Psychology
Professor, Dr. Charoltte Marshall
Marriage and Family Therapy Program

PUBLICATIONS

- 2021 The 24 most influential Articles in Social Justice and Diversity in Family Therapy: A Collaboration Between Family Process and the Journal of Family Therapy 1980-2019 Edited by Yang Yang The and Dara Winley
- 2020 Ewing, E. S. K., Hunt, Q. A., Singer, J. B., Diamond, G., & Winley, D. (2020). Youth Suicide: Risk, Prevention, and Treatment. *The Handbook of Systemic Family Therapy*, 2, 343-367.
- 2018 Winley, D., Adedokun, E., & Chou, J. (2019). Fair Fighting in Couple Therapy. *Encyclopedia of Couple and Family Therapy*, 1004-1005.
- Rahim, F., Winley, D., Adedokun, E., & Chou, J. (2019). Blamer Stance in Couples and Families. *Encyclopedia of Couple and Family Therapy*, 289-290.
- 2017 Harris-McKoy, D., Gutierrez, D., Strachan, T., & Winley, D. (2017). Women of color in marriage and family therapy programs. *Journal of Feminist Family Therapy*, 29(1-2), 28-44.
- 2016 Winley, D. M., Ogbaselase, F., Kodish, T., Okunrounmu, E., & Krauthamer Ewing, E. S. (2016). Attachment-based family therapy for teen suicidality complicated by a history of sexual trauma. *Australian and New Zealand Journal of Family Therapy*, 37(2), 177-189.
- 2012 Winley, D. Parenting, Coping strategies and Depressive Symptoms in African American Adolescents. *Ronald E. McNair Journal* (3rd Ed.), 2012, New York: Springer.

MANUSCRIPTS IN PROGRESS

- 2024 “Attachment-Based Family Therapy, Changes in Parental Validation and Adolescent Symptoms in a Diverse Sample of Suicidal Teens and Parents” (manuscript under submission)
- 2024 “Processing Emotions with Black Men in Therapy” (manuscript being prepared for submission)

INVITED TALKS

- 2024 “Mental Health Symptoms in a Faith Based Community” Talk presented at Chicago West Bible Church, May 20th.
- 2024 “Creating Emotionally Safe environments” Webinar presented at SAMHSA Miniority Fellowship Program, March 23rd.
- 2022 “Treating Unresolved Grief in Black Families” Talk presented at Evanston Public Library, February 15th.
- 2021 “Project Strengthen at The Family Institute” Talk presented in Grand rounds meeting at The Family Institute, Northwestern University, Evanston, IL May 1st.

- 2019 *"Unpacking Black Women's Experience in the Workplace and Treating Depression in Therapy."*
Talk presented in Grand Rounds meeting at The Family Institute, Northwestern University, Evanston, IL, Nov. 4th.
- 2019 *"Working with Children and Families"* panel guest at Virginia Tech University, Blacksburg, VA, October 24th.
- 2019 *"Discussing Racial Trauma in Attachment-Based Family Therapy"* Talk presented in Grand Rounds meeting at The Family Institute, Northwestern University, Evanston, IL, Feb 4th.

CONFERENCE PRESENTATIONS

- 2024 *"Harnessing Strengths: The Art of Mastering "use of self" from a classroom and supervision perspective, presented at Illinois Affiliation of Marriage and Family Therapy Conference, Naperville, IL, March 15.*
- 2018 *"Attachment Based Family Therapy: Working with Diverse Sample of Suicidal Teens"* talk presented at AAMFT National Conference, Philadelphia.
- 2016 *"Parent Psychological Strengths, Parent-Teen Attachment, and Protection from Adolescent Suicide Risk."* Poster presented at the annual National Division of Society of Research on Adolescence, Baltimore, MD, Feb 24-26.
- 2015 *"Attachment-Based Family Therapy: Working with Families of Suicidal Teens"* poster presented at International Division, National Council for Family Relations in Vancouver, CA, Feb. 10-12.
- 2014 *"Targeting Parenting Processes in Attachment-Based Family Therapy for Suicidal Teens, poster presented at National Division Society for Psychotherapy Research, in Philadelphia, PA Sept. 7-9.*
- 2011 *"Parenting, Coping strategies and Depressive Symptoms in African American Adolescents"* poster presented at Annual Research Day at University of Maryland, College Park, MD, Spring 2011.

WORKSHOP PRESENTATIONS

- 2024 *"Supporting BIPOC students in supervision and promoting Self of the Supervisor International Conference of Family Therapy, Toyama Japan, April 12.*
- 2019 *"To Self Care or Not to Self-Care"* workshop presented in annual Acts Six Midwest Convention Conference, Loyola University, Chicago, IL. Aug 3rd.
- 2016 *"Transitioning from Undergraduate to Graduate School"* workshop presented at National Division Black Doctoral Network Conference, Atlanta Georgia, Nov 5-6.
- 2016 *"Presenting a Poster Presentation".* workshop presented at National Division Black Doctoral Network Conference, Atlanta Georgia, Nov 5-6.

- 2016 *"The Role of TRIOS, African-Derived Coping in U.S. Black Families"* workshop presented at the annual National Division American Association for Marriage and Family Therapy Annual Conference, in Indianapolis, IN, Sept 15-17.
- 2011 *"Parenting, Coping strategies and Depressive Symptoms in African American Adolescents"* workshop presented at Annual Ronald E. McNair Scholars Conference, Baltimore, MD, Feb. 21.

LEADERSHIP AND PROFESSIONAL SERVICE

- 2024- present Minority Fellowship Program Mentor, American Association of Marriage and Family Therapy
- 2023- present Reviwer, Feminist Family Therapy Journal
- 2023- present Faculty Welfare Committee, Adler University
- 2022- present Reviewer, Contemporary Family Therapy Journal
- 2022- present Faculty Advisor, Adler University
- 2021-2022 Clinic Director at Bette D. Harris Child and Family Clinic at The Family Institute
- 2018-2020 Co-Reviewer, Family Process
- 2015-2016 Search Committee for Facutly Position, Drexel University, Couple and Family Therapy Department
- 2015-2016 Student Reviewer, Journal of Martial and Family Therapy, (under mentorship of Dr. Stephanie Ewing)
- Conferences*
- 2024 *IFTA Conference Speaker, Toyoma, JP, Spring 2024*
- 2019 Conference Volunteer, Legacy Conference, Chicago, IL, July 17-19.
- 2018-2016 Conference Volunteer, The Thriving Conference, Epiphany Fellowship, Philadelphia, PA October 24-25.
- 2015 Conference volunteer, American Association of Marriage and Family Therapy
- 2014 Conference volunteer, Heath Explosion, Philadelphia, PA, May 20.

AWARDS & DISTINCTIONS/GRANTS

- 2018-2020 Clinicial Scholar Postdoctoral Fellow, The Family Institute at Northwestern University
- 2016 SAMHSA Dissertation Completion Fellow, Miniority Fellowship Award, AAMFT
- 2015 International Travel Award, Drexel University

2014	Clinical Excellence Award, Drexel University
2014	Outstanding Community Service Award, Drexel University
2013-2014	Health Resources and Services Administration (HRSA) Award
2011	Certificate of Excellence in Scholarship, Research Day, University of Maryland-College Park
2011	Mark and Tracie Turner Scholarship, University of Maryland-College Park

PROFESSIONAL AFFILIATIONS & SERVICE TO COMMUNITY

ShowTime, Couples Therapy Show, Consultant Test Session Therapist

Psychology Today, Blog Contributor

Therapy for Black Girls, Blog Contributor

Dr. Dara Winley, Youtube Channel

American Association of Marriage and Family Therapy, Clinical Fellow

REFERENCES

Jayne Kinsman, LMFT
Clinical Supervisor
Director of Clinical Quality Improvement
The Family Institute
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Harry Aponte, LMFT
Associate Professor of Couple and Family
Therapy
Drexel University
Office Phone: 215-868-3878
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Adia Gooden, PhD
Clinical Advisor & Mentor
The Family Institute at Northwestern University
Office Phone: NA
dradia@dradiagooden.com