

Monica F. Boyd-Layne PhD, LCPC

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Academic Degrees

THE CHICAGO SCHOOL OF PROFESSIONAL PSYCHOLOGY

PhD Counselor Education & Supervision

ARGOSY UNIVERSITY

Master of Arts with a concentration in Counseling Psychology

AUGUSTANA COLLEGE

Bachelor of Arts with a concentration in Speech Education

LICENSURE and Additional TRAINING

Illinois State Licensed Clinical Professional Counselor

Active License # 180-008992

Level I Internal Family Systems

Level II Gottman Method Couples Therapy Training

Professional Experience

Adler University

August 2018 – Present

Associate Professor, Clinical Mental Health Counseling program

Chicago, IL

Pierce Counseling & Consulting Services LLC

January 2018 – Present

Owner & Licensed Clinical Professional Counselor

Chicago, IL

Provides individual, couples, and family therapy. Clinical focus includes perceived fraudulence, depression, anxiety, life transitions, pre-marital counseling, familial crisis, racial, and cultural issues. Allows sliding scale and a member of Open Path Collective for access for clients with high deductibles or are underinsured.

Haymarket Center Chicago

March 2015 – July 2018

Manager of Women & Children programs

Chicago, IL

Provide supervision to supervisors and coordinators of six programs and delivered direct services to clients in crisis. Oversee the development and expansion of Substance Abuse and Mental Health Services Administration (SAMHSA) services grant program for residential substance abuse treatment for pregnant and postpartum women and their families.

Haymarket Center Chicago

June 2014 – February 2015

Manager Integrated Care Program

Chicago, IL

Provided direct clinical supervision and support to program supervisor and staff. Advocate for clients/staff/program in the substance abuse field with hospitals, agencies, and managed care providers.

The Chicago School of Professional Psychology

Fall 2014, Spring 2015, Spring 2018

Adjunct Instructor

Chicago, IL

Northwestern College

September 2011-June 2012

Adjunct Instructor

Chicago, IL

Amazon Natural Essentials LLC

June 2010 – February 2014

Independent Consultant

Chicago, IL

*Manage of all community programs and systems. Responsible for implementing policies and procedures
Serve as a partner in strategic planning for community events. Supervise strategies for involvement with other
community organizations.*

Youth Crossroads, Inc.

September 2009 – July 2010

Program Coordinator

Berwyn, IL

*Supervised and implemented programs and community collaborations in a comprehensive after-school
program for high-risk youth. Administrative duties included: contract compliance, program staff
supervision, college interns and volunteer supervision, youth supervision and data collection and
reporting.*

South Central Community Services, Inc.

October 2008 – September 2009

Child & Adolescent Outpatient Therapist

Chicago, IL

*Provided anger management, conflict, and crisis resolution, through solution focused therapy for children
and adolescents. Assisted with communication modification for healthy parental interaction and family
relationship building. Conducted psycho-educational and behavioral modification groups for children and
their parent/guardian*

Cornell Intervention

June 2008– August 2008

Addiction Counselor Intern

Chicago, IL

*Facilitated educational groups that incorporated cognitive behavioral therapy. Provided individual
assessment and intake to coordinate treatment planning and case management for residential clients.
Educated clients in mapping their recovery process in individual therapy sessions. Conducted crisis intervention
for mentally ill residential clients.*

Columbia College Chicago

September 2003– March 2008

Academic Resources Manager

Chicago, IL

*Trained all volunteers and paid staff in best practices of engaging low-income youth who have limited access to
safe quality after-school programing. Integrated the arts to the overall school curriculum and aligned them to
state standards & best practices. Coordinated Title I (No Child Left Behind) programming*

Grand Prairie Services

October 2001 – September 2003

Staff Therapist

Tinley Park, IL

*Conducted psycho-educational and behavioral modification groups for adult and adolescent clients with
dual-diagnosis. Facilitated educational groups that incorporated cognitive behavioral therapy. Provided
short-term, crisis counseling to adult residential clients to promote stabilization. Coordinated individual
counseling sessions to enhance use of medication therapy for chronically ill adults*

Publications

Peer Reviewed Publications

Boyd-Layne, M. & Burch, K. (2019) Uncovering racial battle fatigue: Understanding the impact of
everyday racism. In M. Pope (Ed.), *Social Justice and Advocacy in Counseling: Experiential
Activities for Teaching* (p. 273-279). New York: Routledge.

Burch, K., Prater, M., Leonard, K., & Boyd M. (2016) Lessons for Liberation: Reflections on the Study of hooks and Freire by Women of Color. *Latina/O Psychology Today* 3(1), 34-38.

(IN DEVELOPMENT) Boyd-Layne, M. *Belonging & Fitting in for Black women in counseling programs*.

Non-Peer Reviewed Publications

(IN DEVELOPMENT) Boyd-Layne, M. *Therapy Thursday w/Dr. Monica*

Conferences and Presentations

National Peer-Reviewed Conference presentations

Boyd-Layne, M., Melamed, L. & Johnson II, B. (2023, March) *Social Justice Mixer: Radical decisions for effective inclusive relationships*. Education session co-presenter at the American Counseling Association & Expo. Toronto, Ontario, Canada

Boyd-Layne, M. & Johnson II, B. (2019, October) *By and by: Examining the impact of student evaluations on Black faculty*. Education session co-presenter at the Association for Counseling Educators & Supervisors. Seattle, WA.

Regional Peer-Reviewed Conference Presentations

Stoner-Harris, T & Boyd-Layne, M. (2020, October) *Using Supervision to Build Resiliency in the development African American counselors-in-training*. Content session co-presenter at the North Central Association for Counseling Educators & Supervisors. Cancelled due to COVID.

Boyd, M & Torres, H (2015, March) *Supervision: Translation of the counseling relationship*. Poster session presented at the Great Lakes Counseling Psychology Conference. Ball State University, Muncie, IN.

Burch, K. & Boyd, M. (2016, October) *Innovative Strategies to Address Racial Battle Fatigue: #BlackLivesMatter* Education session co-presenter at the North Central Association for Counseling Educators & Supervisors. Bloomington, MN.

Local Conference Presentations

Boyd, M (2015, October) *Who is your superhero: Insights into the power of supervision*. Workshop session presented at the McDermott Center Fall Addiction Workshop series. Chicago, IL.

Invited Presentations

Boyd-Layne, M. (2025, October). *Parts Work Primer: An Intro to IFS for Clinicians Working with Trauma and Relationships*. Workshop session presented at Soleil Psychotherapy LLC.

Boyd-Layne, M. (2025, August). *Caring for Our Tender Parts: Finding Your Words that Heal*. Workshop session presented at Sex Workers Advisory Group (SWAG) in partnership with Equity Illinois.

Boyd-Layne, M. (2024, April). *Self-Compassion in the Academy*. Workshop session presented at Harper College for the Social Justice Leadership Certificate Program, Palatine, IL.

Boyd-Layne, M. (2024, March). *Women's Day Presentation: Keynote Speaker Workshop*. Presented at Harper College for the Social Justice Leadership Certificate Program, Palatine, IL.

Boyd-Layne, M. (2023, December). *This Ain't That: A Gender Revolution (Revelation)*. Webinar session for the Association of Counseling Sexology and Sexual Wellness.

Boyd-Layne, M. (2022, April). *Social Justice: Beyond Theory*. Workshop session presented at Harper College for the Social Justice Leadership Certificate Program, Palatine, IL.

Boyd-Layne, M. (2023, December) *This ain't that: A Gender revolution (Revelation)* Webinar Session for Association of Counseling Sexology and Sexual Wellness.

Boyd-Layne, M. (2022, April) *Social Justice: Beyond theory*. Workshop session presented at Harper College for the Social Justice Leadership Certificate Program. Palatine, IL.

Academic Program Development

CMHC Course 615 Crisis Intervention & Trauma Counseling -online course development
Subject Matter Expert (2/ 2020)

COUN Course- 630- Addictions Counseling online course development-
Subject Matter Expert (4/2019)

CMHC Course 615-Crisis Intervention & Trauma Counseling -On Ground Course development (3/2019)

Collaborations with Schools and Community Agencies

Therapy Thursday Instagram Live (2022-present) Monthly interviews with various mental health practitioner providing a resource for the public to learn more about types of support and treatment available.

Mindful Life Counseling Black Counselors Supervision Group Mentor (2021-present) facilitate clinical dialogue along with additional supportive environment for clinical work by BIPOC (Black, Indigenous and People of Color) counselors

Chicago Urban League (2020) Supported university partnership with Exchanged services to facilitate Adler University Common Hour Programming

RUSH Alzheimer's Disease Center (2020) developed university partnership to continue to provide additional mental health information/psychoeducation for seniors in exchange for Dr. Glover, Leader of outreach, recruitment, and engagement to co-facilitate Adler University Common Hour Programming about impact of COVID during Common Hour Programming

Friends of Bill Discussion group (2006-present) this educational group meets weekly to process groups of women for support and to educate them to individuals that work with women who have substance use disorders

Service to Community-Agencies and Organizations

ACSSW BIPOC Task force Member (2022-present) Tasked to identify educational and training competencies necessary for counselors and mental health professionals to effectively work with BIPOC populations related to sexuality and sexually wellness issues.

WIN with Black Women (WWBW) (2020-present) this national initiative that gathers Black women virtually together weekly motivated by collective concern with the narrative and treatment of Black women within the current political cycle and promote political success.

MOMS Demand Action (2019-present) Local Member of the grassroots organization to end gun violence

Member Open Path Collective (2018-present) making counseling services accessible for individuals due to limited insurance coverage or high deductibles

Therapy Thursday (2018-present) providing a weekly platform to reduce the stigma of seeking mental health services. Generating weekly queries to begin the sometimes-difficult next step of seeking support through counseling services.

SGI Buddhist Organization-Z-wave (2003-present) provide access to open dialogue about reducing gun violence and enhancing hopeful dialogue between youth

Departmental and Professional Service

Adler University-Chicago Campus

Chair, Faculty Council-Adler University 2024-2025

Chair, Student Development Committee-Adler University 2023-present

Chair, Black Caucus -Adler University 2022-2023

Member, IRB (Institutional Review Board) Committee-Adler University Chicago Campus 2022-2024

Vice-Chair, Black Caucus- Adler University 2021- 2022

Member, Black Caucus-Adler University 2020-2025

Co-chair, Diversity & Inclusion- Adler University 2019-2021

Member, Executive Committee of Faculty Council- Adler University 2019-2022

Member, Diversity & Inclusion Committee- Adler University 2018-2019

Member, Student Development Committee-CMHC, Adler University Chicago Campus 2018-present

PhD Committee Membership

Adler University

Fredrich, Joan (in process) *How LGBTQ+ clients experience metaphor in therapy: A Phenomenological analysis*. Committee member

Hudsen, Bria (in process) *Exploring the intersectionality of racism, oppression, and discrimination through the lens of school counselors of color*. Dissertation Chair

Iginosun, I (2021) *African American women's experiences in workplaces*. Committee member

Kovaleva, A. (in process) *The evolution of the strong Black woman*. Dissertation Chair

Magida, Michelle (2023) *Clinician perceptions of youth wraparound care in PHPIOP*.
Committee member

Nellamattathil, Elizabeth (2024) *The intergenerational cultural experiences of bicultural Indian children of immigrants*. Dissertation Chair

Ostrander, Erika (2025) *Exploring therapists' modifications of the EMDR basic protocol for bilingual Latine Clients: A Qualitative Study*. Committee member

Polk, Kiyara (in process) *Reconceptualizing Single Motherhood Through Precarity: An Intersectional CQR Study of Black Women's Lived Experiences*. Committee member

Santos, R. (2022) *Treatment approach to hope: Understanding how to instill and cultivate hope in African American men mandated to addiction treatment*. Committee member

Stiles, A. (in process) *On becoming a sexually liberated Black woman: Exploring intersections of race, gender, and sexuality using a sex-positive Black Feminist-Womanist lens*.
Committee member

Willis, K. (2024) *Up Against A Paper Bag: Colorism Within Higher Education*. Committee member

Additional Service to University

Program Director Search Committee Chairman (2024)
Cabinet Member (2022-2023)
Transforming the Curriculum Manifesto Draft Working Group (2020-2021)
Dual-Degree Advisor for Sport & Human Performance (2023)
Anti-Racism Committee (ARI) Black Caucus representative (2021-present)
VPDI (Vice President of Diversity and Inclusion) Search Committee (2021)
Faculty Search Committee (2022)
SJP (Social Justice Practicum) Supervisor for student placement on Diversity and Inclusion Committee (2020-2022)
Individual supervision to counseling trainees (2018-present)
DCES comprehensive exam grading (2020-2022)

Courses Taught

Adler University (Assistant Professor/Core Faculty)

Clinical Mental Health Counseling Program (CMHC) 2018-present

COUN 630 Addiction Counseling Graduate course
CMHC 635 Advanced Clinical Mental Health Counseling Graduate course
COUN 629 Career Development Theories and Interventions Graduate course
CMHC 694 Internship & Seminar I Graduate course
CMHC 698 Internship & Seminar II Graduate course
CMHC 693 Practicum & Seminar Graduate course
COUN 534 Counseling Skills Graduate course
COUN 533 Counseling Theories Graduate course
CMHC 615 Crisis Intervention & Trauma Counseling Graduate course
COUN 622 Human Growth & Development Graduate course
CMHC 538 Professional Functions of Clinical Mental Health Counselors Graduate course
COUN 532 Professional, Legal, & Ethical Issues Graduate course

The Chicago School of Professional Psychology (Adjunct)

CC 516- Counseling & Interviewing Skills II– Spring 2018 Graduate course
CC 516-F Counseling & Interviewing Skills II– Spring 2015 Graduate Course
CC 515 Counseling & Interviewing Skills I– Fall 2014 Graduate Course

Guest Instructor

CC 527 Cognitive Behavioral Therapy – Spring 2013 Graduate Course

Northwestern College (Adjunct)

SOCS 210 Introduction to Sociology - Spring 2011 Undergraduate course
HUMN 200 Ethics Fall 2012 Undergraduate course
COLL 292 Professional Development Online–Spring 2012 Undergraduate course
HUMN 210 Introduction to Logic & Critical Thinking Summer 2012 Undergraduate course

Additional Teaching Experience

The McDermott Learning Center Addiction Counselor Training Program Fall 2016 (Instructor)
(CADC Certification Prep)

Memberships in Professional Organizations

American Counseling Association (ACA)
Association for Counseling Education and Supervision (ACES)
North Central Association for Counseling Education and Supervision (NCACES)
Illinois Counseling Association (ACA)
Association for Counseling Sexuality & Sexual Wellness (ACSSW)
Association for Counseling Sexuality & Sexual Wellness BIPOC Taskforce (ACSSW BIPOC Task Force)

References

Available Upon Request